

St Abban's AC

30th Nov 2016

6th Placing for Boys U.12

The GLOHEALTH National Cross Country Championships were run over the new development in Abbotstown, Dublin which is going to be the venue for most of our forthcoming National Championships with a new state of the art 200 meter indoor facility beside the cross country course, due to open early in the New Year. It was all a brand new experience for our team with just 200 of the best in the country on the start line. Starting steadily it was the county champion Jack Fenlon leading us out moving into the top 50. Around the halfway mark he started moving through the field and got up to finish 37th, the remaining trio ran close together throughout and came home nicely with Adam Buggy 78th, Lee Murray 84th and Eoin Cawley 93rd for a points total of 292 and 6th club in the country. All enjoyed the occasion and did the club proud on their first of what we hope will be many trips to the brand new facility in Abbottstown. Thanks to parents, coaches and the boys for the effort put in.

Juvenile Party

Bounceland SCATS @ Perry's just across from the post office, Carlow is the venue for this year's Primary Schools party. Admission is €5 and the fun gets under way at 6.30. Why not bring your friend along, refreshments served later. Meanwhile the adult night out is on in the Talbot, names to Colette English a.s.a.p.

Siofra Pips Saragh

The National athletic awards took place in the Crown Plaza in Dublin recently. In the U.23 section the three athletes in the running were sprinter Marcus Lawlor (a student in IT Carlow), middle distance athlete Siofra Clerigh-Buttiner and our own triple jump champion and National U.23 record holder Saragh Buggy (currently in her final year in St. Pat's, Drumcondra). On this occasion Siofra on scholarship in Villanova University emerged victorious. Congrats Saragh on a fantastic year.

Welcome to new coaches

Many congratulations to our new assistant coaches Niall Egan, Tom Buggy and Patrick Hughes who qualified recently. Thanks lads and enjoy putting it into practice.