

St Abban's AC

31st Aug '16

Colm has a Stormer The excellently run Tullamore Harriers half marathon saw Colm Burke have one of his finest races in a long time, clocking 74-17 for the 13 mile challenge finishing 5th overall and 1st O.50 With almost 700 finishers and quality throughout Colm was to the fore throughout and only gave way over the final 3 miles. Colin Coyne was happy with his performance finishing 21st in a time of 80-11. Linda Fay a glutton for punishment was steady throughout finishing 184th in a time of 1-41.38. Linda continued to keep the heart rate ticking and made it to Tinryland for the Rockford to finish 57th in 30-22 with Caitriona McDonald 47th in 28-31 Noeleen Condrón 96th in 43 minutes, Carmel Hughes 104th in 47-40 and Una Kelly 105th in 50-56, while Peter Baldwin was our sole male representative in 33rd place in 25-40 Aoibhin McDonald won the juvenile girl's race from Emma Baldwin.

Golf 5K A beautiful evening on an idyllic course saw the Castlecomer Golf club host there 2nd annual 5K run. With an ever ending course of up and down hills it certainly brought out the best in everyone. Club members to feature included: Stephen Lawler, Stephen Hunter, Cian Kelly, James Nolan, Peter Whelan, Michael Doyle, Noeleen Condrón, Agnes Kealy and Adrienne Kelly.

14th September Primary schools cross country run at the track commencing at 11.00 with races for 4th, 5th and 6th class. All schools should have details if not please contact club secretary James Nolan. Round 1 of the secondary schools 3 county league is fixed for Knockbeg on the 29th September