

St Abban's Athletic Club News

12th June 2013

Territt Master Class

When the Leinster Master championships were decided in Tullamore St Abban's AC once again relied on the expertise of the man from Luggacurren John Territt. As usual he did the colours proud taking gold in the O.50 hammer with 32.26m, gold in the javelin with 34.80m and gold in the weight for distance with 6.22m while it was bronze in the discus and shot. Congratulations John on another fantastic Leinsters and best wishes for the forthcoming Nationals.

AAI Games a Non Event

Sadly the AAI games were a long drawn out affair at Santry with the programme timetable being rigidly adhered to for no apparent reason, as the numbers were scarce.

Barry Regan ran 11.60 for 2nd place in race 4 over 100m. Brian Kelly showed a nice turn off foot to control his 80m0 and sped to victory in 1 minute 54.18 seconds. Barry Pender was our most impressive performer on the day winning the high jump with a season best to date of 2.10 metres. Alas the position for the high jump on the Irish team for the Europa Cup competition was given to one of those that saw fit not to turnout on Sunday. With Ireland hosting the Europa Cup team competition in Santry on the 22nd and 23rd June it should provide two good days entertainment, perhaps those attending might wear some National colours.

Newtown Welcomes the Crew

Despite the clammy and darkened skies a large number gathered in Newtown on Wednesday evening for the 3rd stage of the Fit4Life Summer league. Commencing outside the Credit Union it was a steady climb up to Ned Daly's, down hill at a rapid speed to Doonane church before a lung bursting hill up to the finish in Doonane Terrace. Colm Burke came home a comfortable winner in 12.25 for the 4K, with Teresa Agar doing likewise in the ladies. Round 4 will take place in Wolfhill on the 26th June with registration in Leech's from 6.20pm. Thanks to Margaret and her team for the fantastic spread in Newtown and the use of facilities.

Congrats to all the locals

Well done to all the local schools who took part in the Laois Primary schools competition held on the track. Many congratulations to all those that featured on the rostrum. Results to follow later.

Best Wishes Siobhan

After just completing her leaving certificate Siobhan Nash has little time to rest up when she travels to Holland to take on her first 10K walking race. Best wishes are extended from all in the club.

Nessa Millet is off to Wales to compete in the Welsh junior championships over the 400m hurdles and again we extend her the very best.

Activity Camp

Application forms available in the clubhouse or from the St Abban's club website. Open to all Primary school children the event will take place from the 6th to the 9th August.