

St Abban's Athletic Club News

15th May 2013

M3 Entries start to arrive

This years "M3 Monavea Women's Mini Marathon" will take place over an 8k course on Sunday 26th May at 1 o'clock. Entries have started to arrive and all are welcome to have a go. The event starts at Mayo and then down to Crettyard via the Kileen road and back finishing at the finish line on the track. The co-operation of motorist's on the day would be much appreciated. Many thanks to our sponsors:- Clonmore Meats, Killeslin and Laois sports partnership. Anyone interested in donating spot prizes are more than welcome. Looking forward to a good turnout!

South Leinster Success

Day 2 of the South Leinster schools saw 16 St Abban's club members qualify for the Leinster schools finals in Santry. This along with 8 on the first day makes for good representation and hopefully will see many qualifiers for the All-Irelands in Tullamore on the 1st June. Among those to qualify were:- Claire Delaney St. Leo's pole vault, Megan Walsh Castlecomer Javelin, Anna Daly Kilkenny college Triple Jump, Alex Crossley, Kilkenny college 1 mile, James Moore, Knockbeg 1500m, Aran Murphy, Knockbeg Javelin, Dylan Byrne, Heywood 800m, Denis Brophy, Knockbeg Long Jump, Conor Daly, Knockbeg Triple Jump, Saragh Buggy, Castlecomer Long Jump and Triple Jump, Eoghan Buggy, Castlecomer 400m, Marie O'Gorman, Heywood hammer, Liz Brophy, Presentation Carlow, Hammer, Alannah Rowan, St. Leo's shot and Nessa Millet Kilkenny college 400m.

Teresa 2nd in Kildare

The Kildare 10K, half marathon and marathon drew almost 3,000 to the Curragh last weekend. Teresa Agar had a magnificent run for 2nd lady and 22nd overall in 1:27:09 for the half marathon while Finian Guinan was 126th and Paula Guinan 210th in a field of 1,051 finishers. Congratulations to Dave Osborne 28th in 3:10:13 and Caitriona McDonald 152nd in 3:49:03 for the marathon.

The 3rd leg of the Ballyroan league in Cullahill saw 8 club members to the fore with Dolores McEvoy 76th, Paddy Harding 72nd, Pauline Agar 68th, Adam Agar 67th, Linda Brennan 34th, Mark Wogan 23rd, Joe Harding 20th and Teresa Agar 11th and 2nd lady.

In the Leinster road championships for novice and masters Stephen Lawlor was a convincing winner and led Laois to victory, with Cormac Kelly 6th also scoring. Philip Roche 28th and James Nolan 38th saw the club finish in 4th place. Colm Burke was 3rd across the line in the masters and first in the O.45 category and led Laois to the silver medals with the club 5th. Other scorers included Dorel Picovici 50th, Joe Harding 58th and Niall English 62nd. Martin Kelly 64th led the O.50 team to 5th place also with

Francis Fleming 72nd and Liam Delaney 82nd. Other's to wear the club colours included:- Matt Moore and Dinny Whelan.

In the ladies section Colette English made a welcome return and was a member of the Laois winning team. Maura Fleming, Ann Nicholl/Waugh, Mairead Moore, Caitriona McDonald, Mary Boylan and Delphine Picovici also feature in the masters while Maire Griffith was 17th in the novice.

Paul off to a good Start

Paul Byrne made his outdoor debut for the track season a satisfactory one when he finished 4th in Namur, Belgium when clocking 53:05 seconds for the 400m hurdles, last week.

County Success

A fantastic crowd from all over the county arrived in Monavea last Friday for Day 1 of the county track and field programme. Many congratulations to all St Abban's club members that turned out and performed superbly on the night. Those to feature on the podium included:- Ruby Millet, Tom Buggy, Daena Kealy, Laura Graham, Cian Kelly, Oisin Ryan, Lauryn Kealy, Aaron Barry, Cian Burke, Adam O'Grady, Sandra Byrne, Chadrack Landu, Katie Brennan, Adam Buggy, Amy Brennan, Darragh Kealy, Shane Buggy, Cara Maher, Orla Davis, Joseph Barry, Colm Burke, Philip Roche, James Moore, Mark Murray, Joseph Harding, Francis Fleming, Anna Daly, Emma Daly, T. J. Burke, Liz Burke, Keelan Dermody, Eoin Kelly, Bernard Graham, Denis Brophy, Anthony McDonald, Aran Murphy, Dylan Byrne, Dean Malone, Darragh Brennan, Sinead O'Gorman, James Delaney and John Territt.

Record Turnout

Round 1 of the JF Sports Fit4Life league got off to a fine start on a beautiful evening in Luggacurren on Wednesday last with 174 finishers. Congrats to all that turned out – it was great to see so many walkers and better still to hear the improvements from last year. Best wishes for the next stage in Rossmore on the 29th May at 7.30pm. I'm sure we can cater for another few so why not encourage your friend to come along and add to the atmosphere.