

Laois Credit Unions Senior Cross Country – Ballyroan 4th January '09

Girls U.10 – 4 x 250 Relay

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| <ol style="list-style-type: none">1. Portlaoise <i>Sinead Quinn, Ciara Conroy, Amy Byrne & Aaron Fitzpatrick.</i>2. Emo/Rath <i>Olive Langford, Emma Lawlor, Gillian Kenan & Aoife Mooney.</i> |
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Boys U.10 – 4 x 250 Relay

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| <ol style="list-style-type: none">1. St. Abbans <i>Dylan Dunne, Brian O'Reilly, Cian Kelly, Matt Kelly & Ger Kelly.</i>2. Portlaoise <i>Brian Sheehy, Ruari Lewis, Thomas Martin & Shane Buggy.</i>3. Emo/Rath <i>Eoin Keating, Jack Owens, Liam Crowley & Brian Ryan.</i> |
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Girls U.12 – 4 x 500 Relay

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| <ol style="list-style-type: none">1. Portlaoise <i>Anna Healy, Aoife Campion, Louise Stack & Clare Stack.</i>2. Emo/Rath <i>Danielle Allen, Ciara Hogan, Shauna Hogan & Nicole Allen.</i> |
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Boys U.12 – 4 x 500 Relay

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| <ol style="list-style-type: none">1. Portlaoise <i>Sean Masterson, Brian Sheehy, Pdraig Dunne & Donal Farrell.</i>2. St. Abbans <i>Luke Attride, Jamie Pender, Molly Carbery & Mikayla Kelly.</i>3. Emo/Rath <i>Jack Balfe, Jack Owens, Liam Crowley & Finbar Crowley.</i> |
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Girls U.14 & U.16 – 4 x 500 Relay

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| <ol style="list-style-type: none">1. Portlaoise <i>Niamh Quinn, Aoife Conroy, Kate McDonald & Mary Mulhare.</i>2. St. Abbans <i>Sharon Kelly, Marie O'Gorman, Nessa Millet & Andrea Burke.</i>3. St. Abbans <i>Holly Dunne, Siobhan Nash, Saragh Buggy & Megan Dunne.</i>4. Portlaoise <i>Aine O'Neill, Aoife Campion, Eimear Corri & Mary Campbell.</i> |
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Boys U.14 & U.16 – 4 x 500 Relay

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| <ol style="list-style-type: none">1. St. Abbans <i>Eoghan Buggy, James Moore, Chris Buggy & Stephen Attride.</i>2. Portlaoise <i>David Mulhare, Pauric O'Neill, Chris Finn & Jason Campion.</i> |
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Junior Men 3K – 10 Individuals & 1 Team

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| <ol style="list-style-type: none">1. Brian Kelly 11.41 S/A2. Colin Maher 11.51 B/F3. Stephen Lawler 12.02 S/A4. Danny Aylsbury 12.11 S/A5. James Nolan 12.33 S/A6. Michael Hyland 12.34 B/F7. Rory C. Fennell B/F8. Conor Hogan E/R9. Tony Pender S/A10. Barry Doyle S/A |
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Team

- 1. St. Abbans 1, 3, 4 & 5 = 13 pts.
(Brian Kelly, Stephen Lawler, Danny Aylsbury & James Nolan)*

Senior Women 3K – 10 Individuals & 2 Teams

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| <ol style="list-style-type: none">1. Claire Phelan 12.11 S/A2. Ailish Brennan 13.44 S/A3. Eileen Cantwell 14.02 S/A4. Breda McDonald 14.40 P/L5. Alva Joyce 14.47 B/F6. Frances Harney 15.15 B/F7. Catherine McDonald 15.32 P/L8. Audra Conroy 15.34 P/L9. Sinead O'Gorman 15.49 S/A10. Linda Conroy 16.40 P/L |
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Team

- 1. St. Abbans 1, 2, 3 & 9 = 15 pts.*

(Claire Phelan, Ailish Brennan, Eileen Cantwell & Sinead O’Gorman)

2. Portlaoise 4, 7, 8 & 10 = 29 pts.

Senior Men 10K – 22 Finishers & 4 teams

1. Dan Mulhare 35.32 P/L 2. Michael Mulhare 35.38 P/L 3. Tony O’Reilly 37.23 P/L 4. Martin McDonald 38.15 P/L 5. Riobard Miller 38.19 B/F 6. P. J. Carroll 38.23 P/L 7. Aengus Burke 38.29 P/L 8. Cormac Fitzpatrick 39.55 B/F 9. David Walsh/Kemmis 41.09 P/L 10. Stephen Bland 41.33 B/F 11. Michael O’Connor 41.36 S/A 12. Jimmy McCormack 41.50 P/L 13. Ciaran Keenan 42.04 B/F 14. Dave Conroy 42.23 B/F 15. Harry Lupton 42.50 P/L 16. Colm McEvoy 43.01 S/A 17. Patrick Marshall 43.05 S/A 18. Nick Devery 43.20 B/F 19. John Kirwan 43.43 P/L 20. Daragh Parkinson 43.46 P/L 21. Ben Brennan 48.29 S/A 22. Dinny Whelan 49.27 S/A
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Team

1. Portlaoise 1, 2, 3, 4, 6 & 7 = 23 pts.

(Dan Mulhare, Michael Mulhare, Tony O’Reilly, Martin McDonald, P.J. Carroll & Aengus Burke)

2. Ballyfin 5, 8, 10, 13, 14 & 18 = 68 pts.

(Riobard Miller, Cormac Fitzpatrick, Stephen Bland, Ciaran Keenan, Dave Conroy & Nick Devery)

3. Portlaoise 9, 12, 15, 19 & 20 = 75 pts.

(David Walsh/Kemmis, Jimmy McCormack, Harry Lupton, John Kirwan & Daragh Parkinson)

4. St. Abbans 11, 16, 17, 21 & 22 = 87 pts.

(Michael O’Connor, Colm McEvoy, Patrick Marshall, Ben Brennan & Dinny Whelan)