

LAOIS SECONDARY SCHOOLS – Track & Field – LAOIS CREDIT UNIONS
St. Abbans Sports Complex, Monavea 23rd April 2009

Minor Girls

100 Metres – 16 Competitors

1. Ciera Dunne	Brigidine, Mountrath
2. Aoife Conroy	Pres. Portlaoise
3. Clare Dollard	Pres. Portlaoise

Minor Boys

100 Metres – 10 Competitors

1. Kevin Quigley	Heywood
2. Killian Callaly	Clonaslee
3. Cathal Fennell	Clonaslee

700 Metres – 7 Competitors

1. Aoife Conroy	Pres. Portlaoise
2. Clare Dollard	Pres. Portlaoise
3. Leah Rogers	Pres. Portlaoise

700 Metres – 11 Competitors

1. Ethan O'Neill	Knockbeg
2. Joseph Barry	Knockbeg
3. Donnagh Hartnett	Clonaslee

Long Jump – 13 Competitors

1. LynnMary Zanele	Pres. Portlaoise	3.05
2. Jane Kelly	Heywood	2.86
3. Sharon Kelly	Heywood	2.81

Long Jump – 11 Competitors

1. Joseph Barry	Knockbeg	3.94
2. Mark Rennick	Knockbeg	3.92
3. Ethan O'Neill	Knockbeg	3.78

Shot – 19 Competitors

1. Aine Fitzpatrick	Pres. Portlaoise	8.40
2. Veronica Donovan	Pres. Portlaoise	7.15
3. Jane Kelly	Heywood	7.00

Shot – 10 Competitors

1. Gerald Reilly	Clonaslee	6.36
2. Cathal Fennell	Clonaslee	5.87
3. Eoin Kelly	Clonaslee	5.61

4 x 100 Relay – 5 Teams

1. Heywood Community School Ballinakill
2. Presentation Convent Portlaoise
3. Brigidine Convent Mountrath

4 x 100 Relay – 1 Team

1. Clonaslee Vocational

Junior Girls

100 Metres – 22 Competitors

1. Laura Dunne	Brigidine, Mountrath
2. Aoife Boyle	Heywood
3. Aine Haverlin	Mountrath

Junior Boys

100 Metres – 15 Competitors

1. Conor Daly	Knockbeg
2. Peter Furlong	Knockbeg
3. Colm Poole	Clonaslee

1100 Metres – 5 Competitors – 2 Finishers

1. Kate McDonald	Heywood
2. Rachel O'Connell	Pres. Portlaoise
3.	

1100 Metres – 12 Competitors

1. Christopher Finn	C.B.S. Portlaoise
2. David Mulhare	C.B.S. Portlaoise
3. Alan Buckley	C.B.S. Portlaoise

Long Jump – 13 Competitors

1. Laura Dunne	Brig. Mountrath	3.75
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Long Jump – 13 Competitors

1. Conor Daly	Knockbeg	5.78
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2. Aine Haberlin	Brig. Mountrath	3.62	2. Peter Furlong	Knockbeg	4.41
3. Laura Matikaite	Brig. Mountrath	3.41	3. Ronan Murray	Clonaslee	4.39

Shot – 17 Competitors

1. Emma Donovan	Pres. Portlaoise	7.57
2. Caroline Maher	Brig. Mountrath	7.40
3. Laura Dunne	Brig. Mountrath	7.33

12 Competitors

1. Conor Daly	Knockbeg	12.27
2. Ciaran Hyland	Clonaslee	8.95
3. John Hyland	Clonaslee	8.85

4 x 100 Relay – 5 Teams

1. Presentation Convent Portlaoise
2. Presentation Convent Portlaoise
3. Brigidine Convent Mountrath

4 x 100 Relay – 3 Teams

1. Knockbeg College
2. Clonaslee Vocational
3. Heywood Community School Ballinakill

Intermediate Girls

100 Metres – 24 Competitors

1. Lizzie Flint	Colaiste Iosagain
2. Aisling Burke	Brig. Mountrath
3. Grace Brickley	Brig. Mountrath

Intermediate Boys

100 Metres – 21 Competitors

1. Martin Stralton	C.B.S. Portlaoise
2. Adam Dowling	Knockbeg
3. Christopher Ennis	C.B.S. Portlaoise

1100 Metres – 9 Competitors

1. Mary Mulhare	Pres. Portlaoise
2. Breda McDonald	Heywood
3. Aine Haberlin	Brig. Mountrath

1100 Metres – 15 Competitors

1. Stephen Attride	Knockbeg
2. Andrew Furlong	Knockbeg
3. David Lewis	Clonaslee

Long Jump – 14 Competitors

1. Aine O'Neill	Pres. Portlaoise	3.64
2. Kate Spillane	Pres. Portlaoise	3.63
3. Suzanne Walsh	Brig. Mountrath	3.59

Long Jump – 5 Competitors

1. Adam Dowling	Knockbeg	5.49
2. Christopher Ennis	C.B.S. Portlaoise	4.96
3. Liam Gahan	Knockbeg	4.92

Shot – 17 Competitors

1. Aisling Stack	Brig. Mountrath	7.25
2. Laura Maher	Clonaslee	6.92
3. Orla Duggan	Brig. Mountrath	6.70

Shot – 15 Competitors

1. Stephen Bough	C.B.S. Portlaoise	10.42
2. Cathal Kearns	Clonaslee	10.10
3. Adam Mullins	Knockbeg	8.60

4 x 100 Relay – 7 Teams

1. Presentation Convent Portlaoise
2. Clonaslee Vocational
3. Brigidine Convent Mountrath

4 x 100 Relay – 5 Teams

1. Knockbeg College
2. Knockbeg College
3. Heywood Ballinakill

Senior Girls

100 Metres – 4 Competitors

1. Sinead O'Gorman	Heywood
2. Aisling Saunders	Pres. Portlaoise
3. Rachel Dollard	Pres. Portlaoise

Senior Boys

100 Meters – 9 Competitors

1. Alan Whelan	C.B.S. Portlaoise
2. Richard Okoyeagha	C.B.S. Portlaoise
3. Michael Fleming	Knockbeg

1100 Metres – 2 Competitors

1. Ailish Brennan	Heywood
2. Ailbhe Joyce	Brig. Mountrath
3.	

1100 Metres – 8 Competitors

1. Brian Kelly	Knockbeg
2. Colm Maher	Patrician Ballyfin
3. John Delaney	Knockbeg

Long Jump – 5 Competitors

1. Lauren Brennan	Heywood	3.73
2. Sinead O’Gorman	Heywood	3.66
3. Laura Wisely	Clonaslee	3.60

Long Jump – 6 Competitors

1. John Delaney	Knockbeg	5.55
2. Emmet Malone	Knockbeg	5.54
3. Brian Kelly	Knockbeg	5.29

Shot – 7 Competitors

1. Lauren Brennan	Heywood	7.15
2. Rachel Dollard	Pres. Portlaoise	7.08
3. Laura Wisely	Clonaslee	6.55

Shot – 13 Competitors

1. Pakie Delaney	Clonaslee	10.41
2. Ricky Nolan	Heywood	10.35
3. Martin O’Connor	Knockbeg	10.00

4 x 100 Relay – 1 Team

1. Heywood Community College Ballinakill
2.
3.

4 x 100 Relay – 4 Teams

1. Knockbeg College
2. Christian Brothers School Portlaoise
3. Heywood Community College Ballinakill

Special thanks to all the schools that supported the event despite all the cut backs – it is much appreciated. Many congratulations to the athletes who put in several outstanding performances. Thanks to all the officials who turned out in such good numbers to ensure that the programme was run off very efficiently. Thanks to our sponsors Laois Credit Unions for continuing to support us. Taking this opportunity of wishing all our athletes the very best in the South Leinster track and field over the next couple of weeks. To those in the final phase of preparation for examinations the very best with your study and may you perform to your ability. Your comments welcome on how you feel we can improve the programme offered.

Regards Pat
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