

Woodie's DIY Irish Indoor Championships

Odyssey Arena Belfast 6 & 7 February, 2010

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Senior Women's Long Jump
Senior Women's Triple Jump
Senior Women's Shot Putt
Senior Women's Pole Vault

Senior Men's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	140	O'Cathain, Ciaran	Raheny Shamrock A.C.			8.57
2	390	Fagan, John	Clonliffe Harriers A.C.			8.90
3	391	Byrne, Paul	St. Abbans A.C.			9.23
4	117	Jackman, Adrian	Menapians A.C.			9.24
5	388	Lee, Austin	St. Joseph's A.C.			10.56

Senior Men's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	341	Hession, Paul	Athenry A.C.	6.88 1h3	6.75 1sf1	6.75
2	153	Adams, Dean	Ballymena & Antrim A.C.	6.92 1h6	6.89 1sf2	6.89
3	62	O'Shea, David	Dooneen A.C.	7.02 1h1	6.97 1sf3	6.95
4	237	Colvert, Stephen	U.C.D. A.C.	7.02 1h9	7.00 2sf2	6.98
5	46	Graham, Darragh	Sli Cualann A.C.	7.01 2h2	7.01 3sf2	7.01
6	159	Hannon, Eoin	Tullamore Harriers A.C.	7.05 1h7	7.00 2sf1	7.06
	211	Phelan, Patrick	Dundrum South Dublin A.C.	7.09 2h3	7.03 4sf2	
	326	Ogunlewe, Seye	Celbridge A.C.	7.00 1h2	7.04 2sf3	
	353	Hynes, David	Menapians A.C.	7.02 2h6	7.05 3sf1	
	109	Holmes, Jonathan	Kilkenny City Harriers A.C.	7.15 2h8	7.06 5sf2	
	103	Whelan, Paul	Dublin Striders A.C.	7.07 2h7	7.08 4sf1	
	256	Black, Oliver	Liverpool Harriers	7.08 1h8	7.11 5sf1	
	105	O'Connor, Patrick	Clonliffe Harriers A.C.	7.19 1h4	7.12 3sf3	
	96	Muldowney, Eoin	Castlecomer A.C.	7.12 2h1	7.14 5sf3	
	179	Houston, John	Ballymena & Antrim A.C.	7.14 3h7	7.14 4sf3	
	178	Crowley, John	Dundrum South Dublin A.C.	7.15 3h6	7.23 6sf1	
	40	Tobin, David	Trim A.C.	7.49 1h10	7.48 6sf3	
	149	Lynch, Craig	Unattached	7.11 1h5	DISQ sf2	
	173	Davis, Jamie	Raheny Shamrock A.C.	7.19 2h5		
	121	Montgomery, Alan	Lagan Valley A.C.	7.21 3h8		
	328	Christie, Cian	Metro/St. Brigid's A.C.	7.24 3h1		
	97	Coleman, Conor	Clonliffe Harriers A.C.	7.24 3h2		
	368	Killeen, David	Leevale A.C.	7.26 2h4		
	154	O'Byrne, Deanna	Dundrum South Dublin A.C.	7.27 3h5		
	359	Mc Namara, Carl	Leevale A.C.	7.27 4h8		
	48	Kenny, Ferdia	Sli Cualann A.C.	7.28 3h3		
	196	Kavannagh, Mark	Dundrum South Dublin A.C.	7.28 4h5		
	88	Monaghan, Joseph	Navan A.C.	7.28 4h7		
	131	O'Donohue, Barry	Raheny Shamrock A.C.	7.29 4h1		
	120	Whelan, Alan	Tullamore Harriers A.C.	7.30 4h3		
	249	Maguire, Gerard	St. Michael's AC	7.31 5h1		

362	Mc Carron, Cillian	Monaghan A.C.	7.33 5h7
250	Connor, Stuart	St. Michael's AC	7.40 3h4
57	Doyle, Simon	St. L. O'Toole A.C.	7.41 2h9
117	Jackman, Adrian	Menapians A.C.	7.45 6h1
165	Hensey, Gerard	Tullamore Harriers A.C.	7.45 5h8
361	Nelson, Liam	Lagan Valley	7.45 3h9
253	Sheridan, Ian	Olympian Athletics	7.47 4h6
133	Maze, Ben	Lagan Valley A.C.	7.52 4h2
357	Gore, Shane	Fingallians A.C.	7.52 4h4
148	Wilson, Conor	Menapians A.C.	7.52 5h5
61	O'Shea, Ger	Dooneen A.C.	7.59 2h10
371	Hanlon, Cormac	Greystones & District A.C.	7.60 6h8
257	Gibson, Bryan	City of Lisburn	7.63 3h10
134	Bingham, Benjamin	City of Derry	7.64 6h7
37	Burke, Christopher	Menapians A.C.	7.66 6h5
90	Whelan, Robert	Navan A.C.	7.71 3h9
206	Linden, Mickey	Dunleer A.C.	7.72 5h6
229	Madden, Ronan	Armagh A.C.	7.73 5h4
222	Devine, Pius	Tullamore Harriers A.C.	7.77 5h2
186	Grant, Keith	Ballymena & Antrim A.C.	7.99 5h9
248	Graham, David	Lagan valley A.C.	8.00 5h3
228	Foley, Ronan	Togher A.C.	8.08 4h10
246	Leckie, Rod	Lagan Valley A.C.	8.53 6h2
101	Clinton, Tom	Navan A.C.	8.88 6h3
160	Caffrey, Ernie	Ballina A.C.	9.49 6h9
66	Russell, Christopher	Ferrybank A.C.	DNF

Senior Men's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	46	Graham, Darragh	Sli Cualann A.C.	22.17 1h1		21.87 1f1
2	353	Hynes, David	Menapians A.C.	22.56 1h7		22.18 2f1
3	211	Phelan, Patrick	Dundrum South Dublin A.C.	22.37 1h3		22.34 3f1
4	194	O'Cathain, Lorcan	Roscommon A.C.	22.80 1h6		22.55 4f1
1	173	Davis, Jamie	Raheny Shamrock A.C.	22.95 1h5		22.97 1f2
2	364	Owens, Cathal	Leevale A.C.	23.28 1h11		23.03 2f2
3	48	Kenny, Ferdia	Sli Cualann A.C.	23.14 2h5		23.14 3f2
4	96	Muldowney, Eoin	Castlecomer A.C.	23.28 2h3		23.16 4f2
	368	Killeen, David	Leevale A.C.	23.29 1h2		
	196	Kavannagh, Mark	Dundrum South Dublin A.C.	23.29 1h8		
	122	Whelan, Alan	Tullamore Harriers A.C.	23.31 1h10		
	216	Opperman, Paul	U.C.D. A.C.	23.38 3h5		
	144	Lynch, Colm	Iveragh A.C.	23.38 2h7		
	57	Doyle, Simon	St. L. O'Toole A.C.	23.43 2h6		
	187	Kenny, Elliott	North Down	23.49 3h6		
	154	O'Byrne, Deanna	Dundrum South Dublin A.C.	23.51 2h11		
	362	Mc Carron, Cillian	Monaghan A.C.	23.53 3h3		
	51	Gyomber, Zultan	Dooneen A.C.	23.54 4h3		
	89	Matthews, Niall	Navan A.C.	23.55 1h9		
	249	Maguire, Gerard	St. Michael's AC	23.57 2h2		
	88	Monaghan, Joseph	Navan A.C.	23.62 2h10		
	367	Murnane, Chris	Leevale A.C.	23.78 1h4		
	61	O'Shea, Ger	Dooneen A.C.	23.95 2h8		
	357	Gore, Shane	Fingallians A.C.	24.18 2h1		
	117	Jackman, Adrian	Menapians A.C.	24.22 2h9		
	148	Wilson, Conor	Menapians A.C.	24.23 3h7		
	224	Lennon, Ray	Tullamore Harriers A.C.	24.31 3h8		
	137	Mc Brien, Caolan	St. Michael's Enniskillen	24.42 2h4		
	134	Bingham, Benjamin	City of Derry	24.44 3h9		
	371	Hanlon, Cormac	Greystones & District A.C.	24.64 4h8		
	192	O'Donnell, Liam	Annadale Striders A.C.	24.70 3h2		
	174	Brady, Paul	Celbridge A.C.	24.72 4h2		
	37	Burke, Christopher	Menapians A.C.	24.74 4h6		
	327	Campbell, David	Celbridge A.C.	25.42 3h1		
	145	Casey, Conor	Menapians A.C.	28.72 4h5		
	101	Clinton, Tom	Navan A.C.	29.77 3h11		
	373	Caffrey, Ernie	Ballina A.C.	32.86 3h10		

Senior Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	91	Hogan, Nick	Dundrum South Dublin A.C.	48.57 1h7		48.59 1f1

2	54	Crowe, Tim	Dooneen A.C.	49.55 1h2	48.84 2f1
3	176	Harvey, Jason	Lagan Valley A.C.	49.53 1h6	49.05 3f1
4	63	Kelly, Kieran	Raheny Shamrock A.C.	49.54 1h5	49.10 4f1
1	106	Gregan, Brian	Clonliffe Harriers A.C.	49.76 1h1	47.57 1f2
2	65	Ryan, Billy	Ferrybank A.C.	49.71 1h8	49.11 2f2
3	369	Maher, Patrick	Leevale A.C.	49.80 2h2	49.47 3f2
4	41	Kennedy, Gordon	Tullamore Harriers A.C.	49.81 1h4	50.77 4f2
	144	Lynch, Colm	Iveragh A.C.	50.40 2h7	
	39	Kervick, Dara	Carrick-On-Suir A.C.	50.44 3h2	
	158	Mulhall, Eoin	U.C.D. A.C.	50.53 2h4	
	364	Owens, Cathal	Leevale A.C.	50.56 2h5	
	167	Ruxton, James	Shercock A.C.	50.66 1h3	
	115	Fagan, John	Clonliffe Harriers A.C.	51.26 2h3	
	358	Byrne, Paul	St. Abbans A.C.	51.30 2h6	
	122	Whelan, Alan	Tullamore Harriers A.C.	51.95 3h3	
	337	Mackey, Ciaran	Clonliffe Harriers A.C.	52.02 3h7	
	128	Kidd, Andrew	Dundrum South Dublin A.C.	52.34 2h8	
	51	Gyomber, Zultan	Dooneen A.C.	52.80 3h4	
	183	Browning, Jonathon	Ballymena & Antrim A.C.	53.17 4h7	
	374	Hutton Williams, Frank	Metro/St. Brigid's A.C.	53.73 3h5	
	331	Bolger, Sean	Tallaght A.C.	53.79 4h3	
	165	Hensey, Gerard	Tullamore Harriers A.C.	55.09 4h4	
	224	Lennon, Ray	Tullamore Harriers A.C.	55.63 2h1	
	375	Barry, Joe	Metro/St. Brigid's A.C.	55.68 3h6	
	180	Vernon, John	Armagh A.C.	56.01 4h2	
	230	Heaney, Ruairi	City of Derry	57.01 3h1	
	145	Casey, Conor	Menapians A.C.	59.35 3h8	
	329	Dolan, Keith	Fingallians A.C.	64.83 4h5	
	55	Upton, Barry	Menapians A.C.	DNS h1	

Senior Men's 800 m

Final Place	No	Name	Club	Heat Time	Final Time
1	168	Mc Ilroy, James	Ballymena & Antrim A.C.	1.48.64 1h3	1.52.23
2	151	McCarthy, David	Le Cheile A.C.	1.56.50 2h2	1.53.68
3	83	English, Mark	Letterkenny A.C.	1.53.97 1h4	1.53.86
4	84	McBrearty, Darren	Letterkenny A.C.	1.53.62 1h5	1.53.91
5	177	Warne, Joe	Doheny A.C.	1.54.09 2h4	1.54.31
6	116	Ingram, Adam	Lagan Valley A.C.	1.55.09 1h1	1.55.79
7	94	Maher, Keith	Thurles Crokes A.C.	1.54.88 2h5	1.55.90
8	85	Mooney, Daniel	Letterkenny A.C.	1.55.18 2h1	1.55.91
	99	Kelly, Feidhlim	Raheny Shamrock A.C.	1.56.06 3h5	
	169	Ledingham, James	West Waterford A.C.	1.56.74 2h2	
	100	Duggan, Ronan	Bandon A.C.	1.57.70 2h3	
	42	Casey, Tommy	Sligo A.C.	1.57.78 3h4	
	43	McDermott, Dermot	Sligo A.C.	1.58.86 3h2	
	98	O'Sullivan, Michael	West Muskerry A.C.	1.59.40 3h3	
	198	Hoy, Mark	St. Michael's Enniskillen	1.59.42 3h1	
	185	Stokes, Jordan	North Down	1.59.47 4h5	
	72	O'Donnell, Joseph	Galway City Harriers A.C.	1.59.60 4h2	
	49	Owens, Richard	Sli Cualann A.C.	2.00.10 4h1	
	111	Keogh, David	Lucan Harriers A.C.	2.00.18 5h5	
	181	Saulters, John	North Down	2.00.40 5h2	
	118	Mullins, Aidan	Bantry A.C.	2.01.52 6h5	
	245	Devine, Davis	Liverpool Harriers	2.02.76 4h4	
	191	Sharkey, Lee	lagan Valley A.C.	2.02.99 5h4	
	238	Dineen, Stephen	University of Ulster A.C.	2.04.20 6h4	
	71	Costello, Eddie	Galway City Harriers A.C.	2.04.68 7h4	
	150	Fagan, Daniel	Armagh A.C.	2.06.51 6h2	
	87	Maher, Robert	Drogheda & District A.C.	2.07.89 7h2	
	81	Coleman, Michael	Dundrum A.C.	2.13.09 4h3	
	73	Glynn, Brendan	Galway City Harriers A.C.	2.13.14 7h5	
	199	Tennyson, Mark	Armagh A.C.	2.14.65 8h2	
	190	Wilson, Kris	Lagan Valley A.C.	2.15.49 5h1	
	243	Barron, Brian	Willowfield	2.15.52 5h3	
	164	Stitt, Gary	Ballymena & Antrim A.C.	2.15.84 8h4	
	227	Bigger, Robert	City of Derry	2.16.03 6h3	
	86	Maher, Michael	Drogheda & District A.C.	2.25.06 6h1	
	197	Patterson, Mark	North Down	DNS h1	
	380	Hill, Gareth	Ballymena & Antrim A.C.	DNF h3	

Senior Men's 1500 m

Final	No	Name	Club	Heat	Semi	Final
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Place				Time	Time	Time
1	143	Costello, Colin	Star Of The Sea A.C.	4.06.45	2h1	3.58.81
2	146	Healy, Conor	Clonliffe Harriers A.C.	4.04.05	3h2	3.59.38
3	129	Monaghan, Andrew	Lagan Valley A.C.	4.05.38	1h1	3.59.84
4	170	O'Hare, James	East Down A.C.	4.06.47	3h1	4.00.46
5	212	Monaghan, Patrick	Lagan Valley A.C.	4.03.97	2h2	4.00.89
6	235	Mc Cluney, Simon	Lagan Valley A.C.	4.06.97	4h1	4.01.68
7	220	Mc Laughlin, Pauric	Finn Valley A.C.	4.07.82	4h2	4.01.97
8	208	Robinson, Niall	North Down	4.03.62	1h2	4.02.74
	82	Finnegan, Ruairi	Letterkenny A.C.	4.09.96	5h2	DNS
	210	Carleton, Owen	Abbey A.C.	4.12.26	6h2	
	379	Breen, Joe	Sliabh Bhuide Rovers A.C.	4.13.45	5h1	
	226	Rankin, Robby	Lagan Valley A.C.	4.23.25	6h1	
	123	Kelly, Alan	St. Ronans A.C.	4.25.57	7h1	
	42	Casey, Tommy	Sligo A.C.	DNS	h2	

Senior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	124	O'Brien, Alan	Crusaders A.C.			8.11.44
2	218	Miles, Paul	Owls A.C. Leicester			8.13.07
3	79	Fitzpatrick, Tomas Sen	Tallaght A.C.			8.14.23
4	44	Dunleavy, Emmet	Sligo A.C.			8.18.98
5	225	Corcoran, Richard	Raheny Shamrock A.C.			8.25.58
6	382	Reale, Liam	Limerick A.C.			8.27.74
7	203	Mc Killop, Michael	St. Malachy's A.C.			8.27.76
8	93	Flynn, Eoin	Rathfarnham W.S.A.F. A.C.			8.30.29
9	45	Conroy, Martin	Sligo A.C.			8.31.15
10	59	Coghlan, John	Metro/St. Brigid's A.C.			8.31.65
11	58	Tremble, Liam	Metro/St. Brigid's A.C.			8.32.18
12	156	Mc Ginley, Eddie	Annadale Striders A.C.			8.32.37
13	119	Bailey, Aidan	Clonliffe Harriers A.C.			8.33.02
14	171	Mc Carthy, James	East Cork A.C.			8.37.65
15	182	Travers, John	Donore Harriers A.C.			8.38.33
16	130	Agnew, Andrew	Abbey A.C.			8.42.51
17	223	Zakis, Raivis	West Waterford A.C.			8.45.43
18	231	Millar, Samuel	Ballymena & Antrim A.C.			8.52.64
19	162	Marsh, Francis	North Down			9.06.36
20	209	Collins, Noel	Omagh Y.C. Harriers A.C.			9.12.06
21	157	Totten, Eoghan	Newcastle & District A.C.			9.15.15

Senior Men's 5km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	339	Heffernan, Robert	Togher A.C.			19.24.64
2	64	Griffin, Colin	Ballinamore A.C.			19.47.34
3	175	Costin, Jamie	West Waterford A.C.			19.48.73
4	135	Boyce, Brendan	Letterkenny A.C.			20.18.28
5	241	Bosworth, Tom	Tonbridge A.C. Leeds			20.45.60
6	356	Doyle, Michael	Tara A.C.			21.05.38
7	152	Kidd, David	St. L. O'Toole A.C.			21.37.63
8	80	Treanor, James	Shercock A.C.			22.11.73
9	355	Healy, Timothy	Togher A.C.			23.11.75
10	139	Mc Menamon, Cian	Westport A.C.			23.43.20
11	330	Caprice, Erick Jerome	Dundrum South Dublin A.C.			23.44.59
12	68	Cassin, Jeff	Finn Valley A.C.			23.53.65
	126	Wright, Alex	Unattached			DNF

Senior Men's High Jump

Place	No	Name	Club	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15	2.17
1	75	Pender, Barry	St. Abbans A.C.	-	-	O	X	XO	XO	O	O	XXX
2	110	O'Dwyer, Adrian	Kilkenny City Harriers A.C.	-	-	O	-	O	-	O	XX-	X
3	189	Foroughi, Kourish	Star of the Sea A.C.	O	-	O	-	XXO	O	O	XXX	
4	236	Herron, Simon	City of Derry	-	-	O	O	O	XXX			
5	195	Kinkosz, Marcin	Clonliffe Harriers A.C.	O	O	O	O	XO	O	O	XXO	XXX
6	70	Muntean, Igor	Galway City Harriers A.C.	-	-	-	-	O	O	XO	XXX	
7	221	Fryer, Peter	City of Derry	O	O	O	O	XXX				
8	207	Lyons, Nathan	Ballymena & Antrim A.C.	O	O	XO	XXX					

Senior Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	159	Hannon, Eoin	Tullamore Harriers A.C.	7.18	7.19	-	X	7.40	X	7.40
2	255	Mc Mullan, Adam	Mid Ulster A.C.	7.03	6.86	X	X	6.79	7.10	7.10
3	125	Kennedy, Alan	Abbey A.C.	7.08	6.93	6.94	6.81	6.87	7.01	7.08
4	363	Quilligan, David	Leevale A.C.	X	6.48	X	6.69	X	6.91	6.91
5	57	Doyle, Simon	St. L. O'Toole A.C.	X	X	6.38	5.18	6.83	X	6.83
6	141	Dolan, Ciaran	Unattached	6.24	4.74	6.32	X	X	6.55	6.55
7	336	Fahey, Eamonn	Donore Harriers A.C.	6.35	6.52	5.86	6.50	X	X	6.52
8	40	Tobin, David	Trim A.C.	X	6.32	X	6.15	6.17	X	6.32
9	385	Jege, Nathan	Dooneen A.C.	X	6.20	6.24				6.24
10	155	Finnegan, Denis	U.C.C. A.C.	6.21	6.09	6.13				6.21
11	166	Connolly, Jack	Raheny Shamrock A.C.	5.78	6.16	6.08				6.16
12	202	Teggart, Matthew	Ballymena & Antrim A.C.	6.03	5.82	X				6.03
13	90	Whelan, Robert	Navan A.C.	5.75	5.77	5.85				5.85
14	254	Coyle, John	Olympian Athletics	5.82	5.67	5.61				5.82

Senior Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	76	Kelly, Eoin	St. Abbans A.C.	14.70	X	14.48	14.62	14.66	14.49	14.70
2	155	Finnegan, Denis	U.C.C. A.C.	13.92	14.16	14.00	13.72	13.43	13.58	14.16
3	74	Egan, Francis	St. Abbans A.C.	14.10	X	13.55	13.30	-	X	14.10
4	53	Counihan, Niall	Dooneen A.C.	13.85	13.66	13.64	X	13.60	13.90	13.90
5	383	Cronin, Ciaran	Dundrum South Dublin A.C.	11.88	11.86	12.07	11.93	11.98	12.03	12.07

Senior Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	188	Kelly, Kieran	Fr. Murphy A.C.	18.27	18.24	X	17.56	18.85	X	18.85
2	348	Stevenson, Jamie	Essex Beagles A.C. (England)	16.98	16.94	X	15.93	16.89	16.50	16.98
3	69	Breathnach, Sean	Galway City Harriers A.C.	15.28	X	X	15.18	X	X	15.28
4	347	Brunt, Daniel	City of Sheffield (England)	14.57	15.19	14.94	15.11	15.13	15.23	15.23
5	387	Rauktys, James	Clonliffe Harriers A.C.	X	14.92	X	14.82	X	X	14.92
6	102	Stout, Kieron	Celbridge A.C.	13.61	12.89	13.14	12.65	12.57	12.61	13.61
7	247	Harper, Jeremy	North Down	12.90	12.88	13.59	13.33	13.16	13.37	13.59
8	52	O'Reilly, Mathew	Shercock A.C.	10.35	10.71	10.62	11.29	10.97	11.24	11.29
9	184	Mc Whinney, Jonathon	City of Lisburn	9.49	X	9.41				9.49

Senior Men's Pole Vault

Place	No	Name	Club	3.80	4.00	4.20	4.30	4.40	4.50	4.60	4.70	4.85	5.00
1	104	Donegan, David	Clonliffe Harriers A.C.-	-	-	-	-	-	-	O	XO	XO	XXX
2	78	Rogers, Ian	Clonliffe Harriers A.C.-	O	O	O	XO	O	XXX				
3	242	Reynolds, Tom	North Down	-	-	O	O	XXX					
4	349	O'Brien, Ruairi	Crusaders A.C.	-	-	-	XO	X-	XX				
4	240	Houlihan, Thomas	West Waterford A.C.	-	-	O	-	XO	-	XXX			
Place	No	Name	Club	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.30	4.40
6	92	Whyte, Richard	Brothers Pearse A.C.	-	-	-	-	O	XO	XO	XO	-	XXX
6	239	Greene, Stuart	Unattached	-	-	-	-	-	XXO	XO	-	-	XXX
8	344	Doherty, Keith	Dunboyne A.C.	-	-	-	-	O	XO	XXX			
8	378	Pantea, Mihai	Raheny Shamrock A.C.-	-	-	O	O	XO	XXX				
10	193	Houlihan, Liam	West Waterford A.C.	-	-	-	-	-	XXO	XXX			
11	201	Cosgrave, Matthew	Queens University A.C.-	-	-	-	XO	XXX					
12	138	Doherty, Christopher	Tir Chonaill A.C.	O	O	XXX							

Women**Senior Women's 60 m Hurdles**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	340	O'Rourke, Derval	Leevale A.C.	8.31 1h1		8.18
2	14	Murphy, Mairead	U.C.D. A.C.	8.71 1h2		8.62
3	136	Lawler, Sandra	Celbridge A.C.	8.79 2h1		8.65
4	316	Mc Neilly, Aimee	Regent House	9.20 2h2		9.23
5	305	Mc Allister, Rebecca	Ballymena & Antrim A.C.	9.30 3h1		9.26
6	384	Byrd, Katey	Leevale A.C.	9.23 3h2		9.36
	24	Furman, Shauna	Clonliffe Harriers A.C.	9.33 4h1		
	297	Harvey, Louise	Tir Chonaill A.C.	9.42 4h2		

Senior Women's 60 m

Final	No	Name	Club	Heat	Semi	Final
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Place				Time	Time	Time
1	269	Brady, Claire	Celbridge A.C.	7.43 1h3	7.46 1sf1	7.35
2	354	Mc Sweeney, Ailis	Leevale A.C.	7.58 1h1	7.50 2sf2	7.49
3	16	Whelan, Niamh	Ferrybank A.C.	7.61 1h2	7.48 1sf2	7.50
4	31	Healy, Joan	Bandon A.C.	7.67 2h3	7.63 2sf1	7.57
5	366	Boyle, Anna	Ballymena & Antrim A.C.	7.75 3h3	7.71 4sf1	7.74
6	25	Fitzpatrick, Eilish	Gneeveguilla A.C.	7.67 2h1	7.70 3sf1	7.76
	19	Mac Neill, Aoife	Dundrum South Dublin A.C.	7.85 4h3	7.80 3sf2	
	107	Murray, Sarah	Fingallians A.C.	7.88 2h2	7.84 4sf2	
	299	Devlin, Mary	Abbey A.C.	7.87 5h3	7.92 5sf2	
	265	Boomer, Chloe	Lagan Valley A.C.	8.00 3h1	8.10 5sf1	
	259	Alexander, Amy	Ballymena & Antrim A.C.	8.08 3h2	8.13 6sf1	
	365	Heinsch, Sophie	Leevale A.C.	8.12 4h2	8.15 6sf2	
	108	Holmes, Louise	Kilkenny City Harriers A.C.	8.10 6h3		
	293	Mc Burney, Laura	City of Lisburn	8.12 5h2		
	397	McGurk, Janelle	Mid Ulster A.C.	8.41 4h1		
	395	Kennedy, Sophie	Navan A.C.	8.63 6h2		
	332	Fitzpatrick, Katie	Tallaght A.C.	8.68 5h1		

Senior Women's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	15	Proper, Kelly	Ferrybank A.C.	25.80 1h1		24.14 1f1
2	16	Whelan, Niamh	Ferrybank A.C.	25.18 1h3		24.15 2f1
3	334	Creaner, Stephenie	Dublin City Harriers A.C.	25.35 1h2		25.16 3f1
4	107	Murray, Sarah	Fingallians A.C.	26.14 2h2		26.20 4f1
1	34	Kilduff, Sharon	Claremorris A.C.	26.24 2h3		25.96 1f2
2	365	Heinsch, Sophie	Leevale A.C.	26.26 3h3		26.12 2f2
	280	Marino, Francesca	Pro Sesto Athletica	26.37 2h1		DNS f2
	288	Mills, Joanna	Ballymena & Antrim A.C.	26.17 3h2		DNS f2
	265	Boomer, Chloe	Lagan Valley A.C.	26.48 4h2		
	386	Hogan, Angela	Borrisokane A.C.	27.20 3h1		
	395	Kennedy, Sophie	Navan A.C.	29.05 4h1		

Senior Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	287	Patterson, Jo	Ballymena & Antrim A.C.	56.67 1h4		56.43 1f1
2	29	Mooney, Claire	Naas A.C.	56.80 1h3		56.60 2f1
3	267	Mc Mahon, Christine	Ballymena & Antrim A.C.	57.29 1h2		56.74 3f1
4	313	Scallan, Susan	Raheny Shamrock A.C.	59.46 1h1		59.15 4f1
1	13	O'Connell, Emer	Blarney/Inniscara A.C.	59.54 2h1		59.05 1f2
2	276	Mc Ilveen, Erin	City of Lisburn	60.40 2h2		59.25 2f2
3	350	Rogers, Michelle	Abbey A.C.	59.76 3h1		59.30 3f2
4	297	Harvey, Louise	Tir Chonaill A.C.	62.57 2h4		61.53 4f2
	32	Howard, Roisin	Bandon A.C.	62.59 4h1		
	12	Mc Ginley, Orna	Clonliffe Harriers A.C.	62.78 2h3		
	28	Finnegan, Geraldine	Dunleer A.C.	64.39 3h2		
	305	Mc Allister, Rebecca	Ballymena & Antrim A.C.	64.55 3h3		
	274	Brick, Emily	St. Brendan's A.C.	66.67 4h2		
	320	Rainey, Hannah	Beechmount Harriers A.C.	68.62 4h3		
	312	Giblin, Susan	Raheny Shamrock A.C.	DNS h4		

Senior Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	324	Mageean, Ciara	City of Lisburn	2.11.75 1h1		2.07.82
2	268	Everard, Ciara	U.C.D. A.C.	2.14.87 1h2		2.09.21
3	27	Kehoe, Fiona	Kilmore A.C.	2.14.02 2h1		2.10.72
4	3	Kearney, Niamh	Sli Cualann A.C.	2.15.29 3h2		2.13.18
5	292	Kirk, Katie	Lagan Valley A.C.	2.15.81 4h2		2.13.43
6	323	Long, Christine	City of Lisburn	2.15.07 2h2		2.13.71
7	322	Mitchell, Emma	Banbridge A.C.	2.16.16 5h2		2.14.42
8	311	Eviston, Siobhan	Raheny Shamrock A.C.	2.15.87 3h1		2.14.77
	303	Gibson, Rachel	City of Lisburn	2.16.50 4h1		
	8	Earls, Claire	Sli Cualann A.C.	2.16.98 5h1		
	26	Denny, Sinead	Dundrum South Dublin A.C.	2.18.15 6h1		
	7	Hartnett, Ellie	Sli Cualann A.C.	2.22.09 7h1		

28 Finnegan, Geraldine Dunleer A.C. 2.32.55 6h2

Senior Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	389	McNiece, Kelly	City of Lisburn A.C.			4.14.63
2	273	Byrne, Deirdre	Sli Cualann A.C.			4.15.82
3	1	Woods, Becky	Clonliffe Harriers A.C.			4.40.74
4	289	Mills, Joanne	Lagan Valley A.C.			4.47.69
5	304	Campbell, Rachel	Lagan Valley A.C.			4.49.87
	261	Brady, Aoife	Sportsworld A.C.			DNS
	272	Brady, Crona	Sportsworld A.C.			DNS

Senior Women's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	273	Byrne, Deirdre	Sli Cualann A.C.			9.03.53
2	282	Murphy, Hazel	Dundrum South Dublin A.C.			9.05.43
3	317	Harty, Kerry	Newcastle A.C.			9.26.41
4	261	Brady, Aoife	Sportsworld A.C.			9.53.40
5	264	Jennings, Catriona	Sportsworld A.C.			9.57.33
6	381	Curley, Pauline	Tullamore Harriers A.C.			9.58.59
7	338	Reilly, Louise	Clonliffe Harriers A.C.			10.00.93
8	18	Phelan, Clair	St. Abbans A.C.			10.03.58
9	272	Brady, Crona	Sportsworld A.C.			10.23.92
10	308	Scott, Sarah	Willowfield Harriers			11.53.28
	10	Curley, Maeve	Craughwell A.C.			DNS

Senior Women's 3 km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	315	Malikova, Zuzana	West Waterford A.C.			12.36.43
2	294	Reynolds, Laura	Mohill A.C.			13.09.99
3	314	Veale, Kate	West Waterford A.C.			13.18.44
4	112	Prendiville, Emma	Farranfore Maine Valley A.C.			14.32.52
5	319	Doherty, Emma	North Belfast Harriers			14.47.92
6	21	Dennehy, Fiona	St. Senans A.C.			15.17.49
7	260	Gissane, Aobhinn	Monaghan Phoenix A.C.			18.00.77
	10	Curley, Maeve	Craughwell A.C.			DNF

Senior Women's High Jump

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70	1.75	1.80
1	307	Daniels, Rosemary	Na Fianna A.C.	-	-	-	O	O	O	XO	XXX
1	318	Hughes, Pamela	Westport A.C.	-	-	-	O	O	O	XO	XXX
3	270	Mc Namara, Claire	Athenry A.C.	-	O	O	O	XXO	XXX		
4	283	Buckley, Helen	Raheny Shamrock A.C.	-	-	XO	XO	XXX			
5	32	Howard, Roisin	Bandon A.C.	O	O	O	XXX				
6	4	Basquille, Caoimhe	Sli Cualann A.C.	-	XXO	O	XXX				

Senior Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	15	Proper, Kelly	Ferrybank A.C.	6.32	6.16	6.35	6.05	6.19	6.28	6.35
2	300	Mc Loone, Mary	Tír Chonaill A.C.	5.83	X	5.69	5.57	5.72	X	5.83
3	17	Power, Nicola	Ferrybank A.C.	5.64	5.70	X	X	X	X	5.70
4	288	Mills, Joanna	Ballymena & Antrim A.C.	5.51	5.64	5.48	5.37	5.60	5.68	5.68
5	299	Devlin, Mary	Abbey A.C.	5.42	X	5.38	5.46	5.34	5.48	5.48
6	325	Herron, Linzi	Lisburn A.C.	X	5.27	5.05	5.24	5.20	5.17	5.27
7	302	Boyle, Patricia	Cranford A.C.	4.99	4.92	5.01	4.80	4.84	4.82	5.01
8	335	Dolan, Cheryl	Na Fianna A.C.	X	4.77	X	X	-	-	4.77
9	397	McGurk, Janelle	Mid Ulster A.C.	4.39	4.50	4.42				4.50
10	306	Catterall, Robyn	Upper Bann A.C.	3.96	4.02	3.96				4.02

Senior Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	300	Mc Loone, Mary	Tír Chonaill A.C.	12.50	12.42	X	11.87	12.37	X	12.50
2	263	King, Caoimhe	Westport A.C.	12.11	12.22	X	11.94	-	-	12.22
3	299	Devlin, Mary	Abbey A.C.	11.55	11.72	11.37	11.46	X	11.57	11.72
4	281	Todd, Hannah	Ballymena & Antrim A.C.	11.42	11.28	11.24	11.31	11.23	11.50	11.50
5	285	Herron, Jamie	City of Derry	10.50	10.82	10.86	10.58	10.13	10.48	10.86

6	278	Hill, Fiona	Newbridge A.C.	10.36	10.57	10.44	10.39	10.47	10.81	10.81
7	12	Mc Ginley, Orna	Clonliffe Harriers A.C.	10.09	10.43	10.25	10.60	10.15	10.49	10.60
8	2	Kelly, Lisa	Borrisokane A.C.	10.16	9.83	10.01	9.92	9.73	9.89	10.16

Senior Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	11	Moloney, Fiona	Dooneen A.C.	X	11.34	11.90	11.03	11.18	10.07	11.90
2	30	Bradfield, Tracey	Bandon A.C.	9.76	9.24	9.97	10.29	9.83	10.63	10.63
3	28	Finnegan, Geraldine	Dunleer A.C.	9.87	X	9.64	10.39	10.21	10.45	10.45
4	291	Hetherington, Kathy	North Down	8.98	8.24	9.19	8.99	9.26	8.84	9.26
5	360	Coomey, Liz	Bandon A.C.	8.55	8.87	8.58	8.70	9.19	8.87	9.19
6	20	Smith, Paula	Bailieboro A.C.	8.56	9.17	8.50	8.76	8.79	8.50	9.17
7	290	Murphy, Jodie	North Down	8.63	8.99	8.46	8.10	8.17	7.86	8.99
8	283	Buckley, Helen	Raheny Shamrock A.C.	X	8.64	8.31	X	X	X	8.64
9	298	Glover, Lynsey	Lagan Valley A.C.	8.35	8.51	8.38				8.51
10	301	Pilkington, Michelle	Dunboyne A.C.	7.63	7.60	7.08				7.63

Senior Women's Pole Vault

Place	No	Name	Club	3.00	3.20	3.40	3.60	3.70	3.80	3.90	4.00
1	271	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	XO	O	O	O	XXX
2	309	Semeraro, Sarah	University of Ulster A.C.	-	-	-	XO	-	O	XXO	XXX
3	22	Savage, Nikita	Youghal A.C.	O	O	XXX					
Place	No	Name	Club	2.20	2.40	2.60	2.80	3.00			
4	23	Ryan, Sarah	Youghal A.C.	O	O	XO	O	XXX			
5	296	Houlihan, Lisa	West Waterford A.C.	-	-	O	XXO	XXX			
6	370	Duggan, Lucy	Ballymena & Antrim A.C.	-	-	XO	XXO	XXX			