



**St Abban's Athletic Club - Annual Road Race**  
**LSP Fit4Life League**  
**Friday 20th August 2010**



Position	Number	Name	Surname	Address/ Club	Time	Category	Prizes
1	419	Brian	Kirwan	SLOT	24.26	Snr	1st Snr Men
2	406	Thomas	Hayes	KCH	25.02	snr	2nd Snr Men
3	409	Tommy	Payne	Tinryland	25.41	O50	3rd Snr Men
4	403	Paul	Deegan	Gowran	25.45	O40	4th Snr Men
5	405	Mick	Kehoe	Tinryland	25.54	Snr	5th Snr Men
6	417	John	Quinn	St Abbans	26.19	Snr	
7	426	Kieran	Keenan	Nth Laois	26.23	O40	
8	401	Brian	Kelly	St Abban's	26.49	Jnr	
9	99	Kevin	Brenan	Rossmore	27.13	Jnr	
10	78	Mick	O'Connor	Athy	27.24	Snr	
11	418	Paul	Gibbons	SBR	27.27	Snr	
12	5	Eddie	Walsh	New Gardens	27.28	O50	
13	410	Colin	Payne	Tinryland	27.34	Snr	
14	424	James	Nolan	St Abban's	27.55	Snr	
15	423	Niamh	Richardson	KCH	29.32	O40	1st Snr Women
16	428	Lyndon	Barcoe	Gowran	29.35	Snr	
17	118	Niall	English	Coolnariska	29.37	Snr	
18	414	Barry	Moore	n/a	30.42	O35	
19	80	Teresa	Agar	Coon	30.44	Snr	2nd Snr Women
20	427	Ailish	Brennan	St Abban's	30.52	Jnr	3rd Snr Women
21	831	Collette	English	Coolnariska	30.59	O35	4th Snr Women
22	402	Denis	Cormack	Gowran	31.18	O45	
23	404	Jim	Boland	Sli Cualann	31.22	O60	
24	86	P.J.	Doyle	Carlow	31.34	O40	
25	66	Bernard	Graham	Tolerton	31.37	Snr	
26	756	John	Behan	Rathoe	31.48	O50	
27	43	David	Buggy	Crettyard	32.05	O40	
28	91	Matthew	Moore	Ashfield	32.2	Snr	
29	81	Mark	Wogan	Coon	32.52	Snr	
30	407	Sheeleagh	Jones	DSD	33.09	O50	5th Snr Women
31	90	John	McDonald	Rossmore	33.31	Snr	
32	8	Finan	Guinan	Stradbally	33.34	Snr	
33	425	Sean	McGilycuddy	n/a	34.18	Snr	
34	52	Breda	Mulcahy	Moneenroe	34.26	Snr	
35	420	Thomas	Kelly	St Abbans	34.38	O50	
36	411	Brid	Long	SLOT	35.06	O35	
37	727	Dinny	Whelan		35.18	O60	
38	408	Kevin	Cudy	Tinryland	35.31	O55	
39	421	Noel	Lamb	n/a	35.43	O45	
40	9	Theresa	Brenna	The Cutts	36.09	Snr	
41	7	Paula	Guinan	Stradbally	36.19	Snr	
42	67	Mairead	Moore	Ashfield	37.43	Snr	
43	416	John	Moore	n/a	37.45	O35	
44	415	Michael	O'Neill	n/a	37.53	O45	
45	76	Marie	Murray	St Abbans	38.01	Snr	
46	13	Lisa	Gorman	Castlemitchell	39.18	Snr	
47	412	Roisin	Coogan	SLOT	40.13	Snr	
48	3	Pauline	Doyle	Tolerton	40.43	O40	

