

**St. Stephens Day road race 2015 – Women & Juvenile Result****Incorporating 'Jack Mealy Cup' – Most improved Female on 2014 Performance**Held on the 27<sup>th</sup> December – (postponed as a mark of respect to Mrs. Brennan Tce. 100 +)

A ceiling of 8 minutes to ladies re the Jack Mealy Cup for the first time.

Place	Name	2014	2015	Improve	Cup	P.B.	Year Achieved
1 <sup>st</sup>	*T. J. Burke	-----	5.51	-----	-----	5.51	2015
2 <sup>nd</sup>	*Colette English	5.51	5.54	- 0.03	-----	5.50	1991
3 <sup>rd</sup>	*Caragh Maher	6.23	5.58	0.25	8 <sup>th</sup>	5.58	2015
4 <sup>th</sup>	Maebh Maher	6.54	6.11	0.43	2 <sup>nd</sup>	6.11	2015
5 <sup>th</sup>	Caitlin McDonald	-----	6.15	-----	-----	6.15	2015
6 <sup>th</sup>	*Seoighe English	6.55	6.22	0.33	7 <sup>th</sup>	6.22	2015
7 <sup>th</sup>	*Rebecca Fenlon	7.23	6.27	0.56	1 <sup>st</sup>	6.27	2015
8 <sup>th</sup>	*Margo Dowling	-----	6.32	-----	-----	6.32 ?	2015
9 <sup>th</sup>	Lee Murray	-----	6.47	-----	-----	6.47	2015
10 <sup>th</sup>	Evan English	-----	6.54	-----	-----	6.54	2015
11 <sup>th</sup>	*Laura Graham	6.40	6.59	- 0.19	-----	6.40	2014
12 <sup>th</sup>	Fionn O'Sullivan	-----	7.06	-----	-----	7.06	2015
13 <sup>th</sup>	*Deirdre Brennan	7.47	7.10	0.37	5 <sup>th</sup>	7.10 ?	2014
14 <sup>th</sup>	*Laura Brennan	-----	7.14	-----	-----	7.14 ?	2015
15 <sup>th</sup>	Brian Og O'Sullivan	-----	7.18	-----	-----	7.18	2015
16 <sup>th</sup>	Aoibhin McDonald	8.25	7.19	8.00 0.41	1.06 3 <sup>rd</sup>	7.19	2015
17 <sup>th</sup>	*Emma McDonald	8.09	7.19	8.00 0.41	0.50 3 <sup>rd</sup>	7.19	2015
18 <sup>th</sup>	Sarah Graham	8.07	7.24	8.00 0.36	0.43 6 <sup>th</sup>	7.24	2015
19 <sup>th</sup>	Katie Baldwin	-----	7.38	-----	-----	7.38	2015
20 <sup>th</sup>	Sean O'Sullivan	-----	7.40	-----	-----	7.40	2015
21 <sup>st</sup>	Shane Buggy	-----	7.47	-----	-----	7.47	2015
22 <sup>nd</sup>	Jessica Murray	-----	7.53	-----	-----	7.53	2015
23 <sup>rd</sup>	Fiona McDonald	8.10	8.05	0.05	9 <sup>th</sup>	8.05	2015
24 <sup>th</sup>	Joyce Macken	-----	8.09	-----	-----	8.09 ?	2015
25 <sup>th</sup>	*Amanda Brennan	8.16	8.17	- 0.01	-----	8.04	2012
26 <sup>th</sup>	Maura Fleming	-----	8.18	-----	-----	8.18 ?	2015
27 <sup>th</sup>	*Pauline Doyle	-----	8.40	-----	-----	8.40 ?	2015
28 <sup>th</sup>	*Jackie Malone	-----	9.19	-----	-----	9.19 ?	2015
29 <sup>th</sup>	Colette Brennan RM	8.52	9.27	- 0.35	-----	8.52 ?	2014
30 <sup>th</sup>	James McDonald	-----	10.55	-----	-----	10.55	2015

\*Denotes prize winners. Rebecca Fenlon wins the 'Jack Mealy Cup'. It was good to see so many of the younger ladies make big improvements. We must target sub 6 minutes for the year ahead. Jack Mealy Cup – 2015 Rebecca Fenlon, 2014 Colette Brennan R/M, 2013 Breda Mulcahy, 2012 Laura Graham, 2011 Carmel Hughes, 2010 Ailish Brennan, 2009 Maria Behan, 2008 Mary Brennan, 2007 Avril Murphy and 2006 & 2005 Claire Phelan.

**St. Stephens Day road race 2015 – Men’s Result – Paddy ‘DOC’ Delaney Cup**

**Most improved on 2014 Performance**

Held on the 27<sup>th</sup> December – (postponed as a mark of respect to Mrs. Brennan Tce. 100 +)

A ceiling of 20 minutes which came into operation in 2014

Place	Name	2014	2015	Improve	Cup	P.B.	Year Ach	Team
1 <sup>st</sup>	*Stephen Lawlor	13.43	13.40	0.03		13.40	2015	2E
2 <sup>nd</sup>	*Brian Kelly	-----	13.59	-----	-----	13.59	2015	3B
3 <sup>rd</sup>	*John Fenlon	14.42	14.46	- 0.4	-----	14.32	2012	4D
4 <sup>th</sup>	*Colm Burke	-----	14.55	-----	-----	13.17	1996	4A
5 <sup>th</sup>	*Cian Kelly	15.44	14.57	0.47	1 <sup>st</sup>	14.57	2015	1D
6 <sup>th</sup>	*Eoin McDonald	16.33	16.46	- 0.13	-----	16.33	2014	3E
7 <sup>th</sup>	Niall English	16.52	16.54	- 0.02	-----	16.52	2014 ?	4C
8 <sup>th</sup>	Tom Buggy	-----	17.12	-----	-----	17.12	2015	3C
9 <sup>th</sup>	*Francis Fleming	17.44	17.23	0.21	2 <sup>nd</sup>	17.24	1997 P.B.	4E
10 <sup>th</sup>	Eddie Walsh	-----	17.23	-----	-----	17.23	2015 ?	1C
11 <sup>th</sup>	*James Doyle cw	-----	18.54	-----	-----	18.54	2015 ?	5B
12 <sup>th</sup>	*Dick Mullins	20.11	19.55	20 0.16	3 <sup>rd</sup>	13.45	1983	1E
13 <sup>th</sup>	*David Baldwin	21.05	20.33	20 0.32	-----	20.33	2015	2B
14 <sup>th</sup>	*Clive Byrne	-----	21.02	-----	-----	21.02	2015 ?	3D
15 <sup>th</sup>	*Joe Farrell	20.54	21.14	- 0.20	-----	16.42	2006	4B
16 <sup>th</sup>	Gerard Kelly	-----	21.42	-----	-----	21.42	2015	1A
17 <sup>th</sup>	*Dinny Whelan	21.34	22.36	- 0.58	-----	14.05	1983	1B
18 <sup>th</sup>	Niall Egan	-----	22.59	-----	-----	22.59	2015	2A
19 <sup>th</sup>	*Paddy Harding	24.12	23.02	20 1.10	-----	14.05	1983	2D
20 <sup>th</sup>	Michael Doyle	-----	27.13	-----	-----	27.13	2015 ?	3A
21 <sup>st</sup>	Ned Buggy	-----	29.24	-----	-----	29.24	2015	2C

\*Denotes prize winner.

Team E 1<sup>st</sup> (1, 6, 9 & 12 = 28 pts) Stephen, Eoin, Francis & Dick.

Team B 2<sup>nd</sup> on countback (2, 11, 13, 15 & 17 = 41 pts) Brian, James, David, Joe & Dinny.

Team D 3<sup>rd</sup> (3, 5, 14 & 19 = 41 pts) John, Cian, Clive & Paddy.

Team C 4<sup>th</sup> (7, 8, 10 & 21 = 46 pts) Niall, Tom, Eddie & Ned.

Team A 5<sup>th</sup> (4, 16, 18 & 20 = 58 pts) Colm, Gerard, Niall & Michael.

Paddy ‘DOC’ Delaney Cup is awarded to the most improved performance on 2014 – 3<sup>rd</sup> Dick Mullins 16 seconds, 2<sup>nd</sup> Francis Fleming on 21 seconds (He also set a new P.B. by 1 second with the original going back to 1997. Most improved by 47 seconds and going sub15 is Cian Kelly.

2015 – Cian Kelly, 2014 – Bernard Graham, 2013 – Stephen Lawlor, 2012 – Seamus Brennan, 2011 – Martin Kelly, 2010 – Matt Moore, 2009 – James Brennan, 2008 & 2007 – Daniel Aylsbury, 2006 – Colm Burke, 2005 – Michael McLoughlin, 2004, 2003 & 2002 – Colm Burke.

Times Overall ‘Czech’ twins 13.05, David McCarthy 13.06 (guests), Colm Burke 13.17, Seamus Lawlor 13.19, Eamon Kelly 13.28, John Fennelly 13.32, Stephen Lawlor 13.40 and Dick Mullins 13.45. Thanks to those that turned out, apologies re the change of date. Thanks to John and Marie Behan for facilitating us once again.