



Laois County Intermediate Road Championships

20th September 2020

Hosted by: St. Abbans AC

Incorporated with Senior/Junior/Masters Race

INTERMEDIATE LADIES 3K

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	206	Lucy Deegan	St. Abbans	0:11:08	■				St. Abbans Lucy Deegan Caitlin McDonald Mary Doyle Orla Davis	13	1st
2	250	Michelle Keenan	Ballyroan Abbeyleix	0:11:25							
3	201	Caitlin McDonald	St. Abbans	0:11:51		■					
4	204	Mary Doyle	St. Abbans	0:12:25			■				
5	209	Orla Davis	St. Abbans	0:12:31				■			
6	231	Paula Guinan	Oughaval	0:12:33					St. Abbans "B" Mairead O'Doherty Muireann O'Sullivan Ailish Brennan Josceline Ayres	38	2nd
7	211	Mairead O'Doherty	St. Abbans	0:12:38	■						
8	219	Olivia Sheerin	St. Michaels	0:12:40							
9	213	Muireann O'Sullivan	St. Abbans	0:12:42		■					
10	212	Ailish Brennan	St. Abbans	0:12:42			■				
11	244	Catherine Ryan	Portlaoise	0:13:05	■				Portlaoise Catherine Ryan Amy Geoghegan Sandra Fitzpatrick Maria Cuddy	57	3rd
12	208	Josceline Ayres	St. Abbans	0:13:10				■			
13	227	Lorraine Fenlon	Ballyroan Abbeyleix	0:13:25							
14	242	Amy Geoghegan	Portlaoise	0:13:27		■					
15	241	Sandra Fitzpatrick	Portlaoise	0:13:28			■				
16	240	Maria Cuddy	Portlaoise	0:13:31				■	Ballyroan Abbeyleix Ballyfin Oughaval	62	4th
17	236	Brona Allen	Ballyfin	0:13:33							
18	202	Cathy Lawlor	St. Abbans	0:13:36							
19	221	Aine McDonald	Ballyroan Abbeyleix	0:13:40							
20	216	Sharon Buggy	St. Abbans	0:14:02							
21	237	Clodagh Allen	Ballyfin	0:14:18							
22	235	Antoinette Gleeson Mills	Ballyfin	0:14:23							



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INTERMEDIATE MENS 6K

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	412	Stephen Lawlor	St. Abbans	0:19:53	■				St. Abbans Stephen Lawlor Naoise Kettle Colin Coyne William Kelly	13	1st
2	414	Naoise Kettle	St. Abbans	0:20:01		■					
3	402	Colin Coyne	St. Abbans	0:20:09			■				
4	430	David Sweeney	St. Michaels	0:20:41	■						
5	461	Sean O'Neill	Portlaoise	0:20:42	■				Portlaoise Sean O'Neill Trevor Percy Paul McDonagh Tony Keenan	57	2nd
6	421	Noel Burke	Ballyroan Abbeyleix	0:20:51				■			
7	416	William Kelly	St. Abbans	0:20:58				■			
8	409	Dermot Ayres	St. Abbans	0:21:14							
9	447	Tony Cox	Ballyfin	0:21:21					St. Michaels David Sweeney Owen Connolly Derek Bracken Padraig Maree	60	3rd
10	448	David O'Hara	Ballyfin	0:21:37							
11	403	Conor Barry	St. Abbans	0:21:53							
12	423	John Kirwan	Ballyroan Abbeyleix	0:22:03							
13	452	Trevor Percy	Portlaoise	0:22:04		■			St. Abbans "B" Oughaval St. Abbans "C" St. Michaels "B"	64	4th
14	434	Owen Connolly	St. Michaels	0:22:16		■					
15	425	Ronan O'Reilly	Ballyroan Abbeyleix	0:22:47							
16	441	Paddy McLoughlin	Oughaval	0:22:53							
17	436	Derek Bracken	St. Michaels	0:22:59			■		92	5th	
18	455	Paul McDonagh	Portlaoise	0:22:59			■				
19	445	John Owens	Oughaval	0:23:00							
20	450	Marc Phelan	Ballyfin	0:23:14							
21	457	Tony Keenan	Portlaoise	0:23:17				■	117	6th	
22	405	Patrick Dunne	St. Abbans	0:23:27							
									130	7th	

