

LADIES MASTERS 3K

				RACE CATEGORY			O/35 TEAM			O/45 TEAM			INDIVIDUAL WINNERS		
Pos.	No.	ATHLETES NAME	CLUB	TIME	I	T	1	2	3	1	2	3	O/35 WINNERS	Club	POS.
1	217	Lisa Sweeney	St. Michaels	0:10:58	O-35	O-35							Lisa Sweeney	STM	1
2	243	Grace Reilly	Portlaoise	0:11:17	O-35	O-35							Grace Reilly	PL	2
3	250	Michelle Keenan	Ballyroan Abbeyleix	0:11:25	O-35	O-35							Michelle Keenan	BAD	3
4	222	Siobhan Burke	Ballyroan Abbeyleix	0:12:17	O-35	O-35							O/45 WINNERS		
5	207	Claire Phelan	St. Abbans	0:12:19	O-35	O-35							Catherine Ryan	PL	1
6	204	Mary Doyle	St. Abbans	0:12:25	O-35	O-35							Karen Kavanagh	STA	2
7	231	Paula Guinan	Oughaval	0:12:33	O-35	None							Sandra Fitzpatrick	PL	3
8	211	Mairead O'Doherty	St. Abbans	0:12:38	O-35	O-35							O/55 WINNERS		
9	219	Olivia Sheerin	St. Michaels	0:12:40	O-55	O-35							Oliva Sheerin	STM	1
10	244	Catherine Ryan	Portlaoise	0:13:05	O-45	O-35							O/35 TEAM		
11	208	Josceline Ayres	St. Abbans	0:13:10	O-35	O-35							St. Abbans		
12	247	Breda Mulcahy	St. Abbans	0:13:16	O-35	O-35							Claire Phelan	19	1st
13	203	Karen Kavanagh	St. Abbans	0:13:21	O-45	O-45							Mary Doyle		
14	241	Sandra Fitzpatrick	Portlaoise	0:13:28	O-45	O-35							Mairead O'Doherty		
15	240	Maria Cuddy	Portlaoise	0:13:31	O-35	O-35							Portlaoise		
16	216	Sharon Buggy	St. Abbans	0:14:02	O-45	O-45							Grace Reilly	26	2nd
17	235	Antoinette Gleeson-Mills	Ballyfin	0:14:23	O-45	None							Catherine Ryan		
18	218	Aileen Doyle	St. Michaels	0:14:40	O-45	O-35							Sandra Fitzpatrick		
19	230	Liz Jago	Oughaval	0:15:56	O-45	O-45							St. Michaels		
20	229	Suzanne Scully	Oughaval	0:16:21	O-45	O-45							Lisa Sweeney	28	3rd
21	245	Agnes Fennelly	Ballyroan Abbeyleix	0:17:00	O-45	O-35							Oliva Sheerin		
22	246	Martina Peacock	Ballyroan Abbeyleix	0:17:08	O-45	O-35							Aileen Doyle		
23	233	Mary Fahy	Oughaval	0:17:38	O-45	O-45							Ballyroan Abbeyleix		
24	232	Susan Dunne	Oughaval	0:17:49	O-45	O-45							O/45 TEAM		
													Oughaval		
													Liz Jago	65	1st
													Suzanne Scully		
													Mary Fahy		

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				TIME	I	T	1	2	3	4	1	2	3	4	O/35 WINNERS	Club	POS.		
1	417	John Fenlon	St. Abbans	0:19:33	O-35	O-35	■										John Fenlon	STA	1
2	402	Colin Coyne	St. Abbans	0:20:09	O-35	O-35		■									Colin Coyne	STA	2
3	463	Tom Lupton	Portlaoise	0:20:31	O-35	O-35											Tom Lupton	PL	3
4	458	Colm Fitzgerald	Portlaoise	0:20:37	O-35	O-35			■								O/45 WINNERS		
5	430	David Sweeney	St. Michaels	0:20:41	O-35	O-35											Noel Marum	PL	1
6	429	Rory Morrissey	Un-Attached	0:20:45	O-35												Ronan O'Reilly	BAD	2
7	421	Noel Burke	Ballyroan Abbeyleix	0:20:51	O-35	O-35	■										Paddy McLoughlin	OV	3
8	409	Dermot Ayres	St. Abbans	0:21:14	O-35	O-35			■								O/55 WINNERS		
9	419	Stephen Hunter	St. Abbans	0:21:18	O-35	O-35				■							Martin McDonald	BAD	1
10	447	Tony Cox	Ballyfin	0:21:21	O-35	O-35											Francis Flemming	STA	2
11	448	David O'Hara	Ballyfin	0:21:37	O-35	O-35											Mick Cullen	STM	3
12	403	Conor Barry	St. Abbans	0:21:53	O-35	O-35											O/65 WINNERS		
13	423	John Kirwan	Ballyroan Abbeyleix	0:22:03	O-35	O-35		■									Paddy Harding	STA	1
14	452	Trevor Percy	Portlaoise	0:22:04	O-35	O-35			■										
15	434	Owen Connolly	St. Michaels	0:22:16	O-35	O-35													
16	462	Noel Marum	Portlaoise	0:22:32	O-45	O-45					■								
17	425	Ronan O'Reilly	Ballyroan Abbeyleix	0:22:47	O-45	O-35			■										
18	441	Paddy McLoughlin	Oughaval	0:22:53	O-45	O-35													
19	436	Derek Bracken	St. Michaels	0:22:59	O-35	O-35													
20	445	John Owens	Oughaval	0:23:00	O-45	O-35													
21	450	Marc Phelan	Ballyfin	0:23:14	O-35	O-35													
22	405	Patrick Dunne	St. Abbans	0:23:27	O-35	O-35													
23	426	Martin McDonald	Ballyroan Abbeyleix	0:23:32	O-55	O-35			■										
24	407	Barry Knowles	St. Abbans	0:23:34	O-35	O-35													
25	406	Rob O'Brien	St. Abbans	0:23:43	O-45	O-35													
26	432	Pdraig Maree	St. Michaels	0:23:59	O-35	O-35													
27	454	Donal Heagney	Portlaoise	0:24:01	O-45	O-45						■							
28	438	Bernard Weldon	St. Michaels	0:24:06	O-45	O-45							■						

