

Leinster Cross Country 2013
Day 3 - Adamstown
10th November

Intermediate

LADIES' INDIVIDUAL RESULTS

Pl.	Name	Club	County	Result
1	Karen Crossan	Raheny	Dublin	15:29
2	Grace McConnell	Ballyroan/Abbeyleix&Dist	Laois	15:41
3	Elaine Cardiff	Kilmore	Wexford	15:45
4	Sinead Eacrett	St Michaels	Laois	15:51
5	Annaleigh Hore	Kilmore	Wexford	15:55
6	Michelle Mullaney	Tullamore Harriers	Offaly	15:58
7	Breda Mulcahy	St Abbans	Laois	15:59
8	Lena Sinclair	Liffey Valley	Dublin	16:03
9	Colette English	St Abbans	Laois	16:19
10	Siobhan Keenehan	Liffey Valley	Dublin	16:22
11	Sile Carroll	Liffey Valley	Dublin	16:29
12	Eimear Nic An Bhairst	Liffey Valley	Dublin	16:37
13	Catherine Walsh	Slaney Olympic	Wexford	16:40
14	Geraldine Gill	Bohermeen		16:41
15	Tracey Jennings	Naas		16:41
16	Mary Bracken	Tullamore Harriers	Offaly	16:47
17	Aileen Gittens	Liffey Valley	Dublin	16:48
18	Sharon Kehoe	Kilmore	Wexford	16:54
19	Nita McLoughlinn	Tullamore Harriers	Offaly	17:02
20	Sinead O'Brien	Kilmore	Wexford	17:09
21	Pippa Hackett	St Michaels	Laois	17:14
22	Olivia Sheerin	St Michaels	Laois	17:14
23	Paula O Byrne	Sli Cualann	Wicklow	17:32
24	Danielle Hennessy	Sliabh Buidhe Rovers	Wexford	17:49
25	Lillian Lawless	Sliabh Buidhe Rovers	Wexford	17:59
26	Maeve Walsh	Liffey Valley	Dublin	18:02
27	Jennifer Burke	Tullamore Harriers	Offaly	18:04
28	Lavinia Leahy	Tullamore Harriers	Offaly	18:25
29	Catherine O'Connor	Menapians	Wexford	18:32
30	Niamh O'Brien	Menapians	Wexford	18:42
31	Briedge Doherty	St Michaels	Laois	18:52
32	Valerie McAuliffé	St Michaels	Laois	19:46

Leinster Cross Country 2013
Day 3 - Adamstown
10th November

Intermediate
MEN'S INDIVIDUAL RESULTS

Pl.	Name	Club	County	Result
1	Karol Cronin	Sportsworld	Dublin	26:49
2	Loughlin Campion	Dunboyne A.C	Meath	26:52
3	Brian Kirwan	St Laurence O'Toole		27:01
4	Conor Rochford	St Senans		27:42
5	Paul Duffy	Sportsworld	Dublin	27:51
6	Myles Gibbons	Sliabh Bhidhe Rovers A.C	Wexford	27:58
7	Gavin Finlay	Sportsworld	Dublin	28:00
8	Rory Kavanagh	Dunboyne A.C	Meath	28:08
9	Ray Lonergan	KCH	Kilkenny	28:12
10	Garreth Murrán	Sportsworld	Dublin	28:13
11	Mike Griffin	Liffey Valley	Dublin	28:14
12	Ciaran Reilly	Liffey Valley	Dublin	28:24
13	Catch Grennan	Tullamore Harriers A.C	Offaly	28:27
14	James McAssey	St Laurence O'Toole		28:28
15	David Power	Rathfarnham	Dublin	28:35
16	David Fox	Tullamore Harriers A.C	Offaly	28:38
17	Brendan Beere	Liffey Valley	Dublin	28:43
18	Darren Spring	Liffey Valley	Dublin	28:49
19	Paul Balfe	Liffey Valley	Dublin	28:52
20	Andy Nason	Liffey Valley	Dublin	28:54
21	Damien Kelly	Sportsworld	Dublin	28:57
22	Mick Murphy	Tullamore Harriers A.C	Offaly	29:02
23	Diarmaid O'Sullivan	Liffey Valley	Dublin	29:13
24	Paul Gannon	Dunboyne A.C	Meath	29:15
25	Derek Coogan	St.Michaels A.C	Laois	29:17
26	David Murray	Tullamore Harriers A.C	Offaly	29:18
27	Ted Flannelly	United Striders A.C	Wexford	29:18
28	Jason O'Connor	Slaney Olympic		29:35
29	John McGrath	United Striders A.C	Wexford	29:40
30	James McCormack	Portlaoise A.C	Laois	29:41
31	Paul Lynch	Sliabh Bhidhe Rovers A.C	Wexford	29:41
32	Paul Gibbons	Sliabh Bhidhe Rovers A.C	Wexford	29:43
33	James Hamm	Ballyroan Abbeyleix & District A.C	Laois	30:01
34	Arnaud Benjacar	Liffey Valley	Dublin	30:06
35	Ashton Farrell	Naas A.C		30:08
36	Michael Cunningham	Sportsworld	Dublin	30:13
37	Brian Kearney	Sliabh Bhidhe Rovers A.C	Wexford	30:15
38	Ciaran Elster	Ballyroan Abbeyleix & District A.C	Laois	30:23
38	David Brophy	Tullamore Harriers A.C	Offaly	30:23
40	Ger Doyle	Sliabh Bhidhe Rovers A.C	Wexford	30:36
41	Gavin Curran	Liffey Valley	Dublin	30:39
42	Kevin Curran	Sportsworld	Dublin	30:43
43	Darragh O'Callaghan	Naas A.C		30:51
44	Richard Galvin	Tullamore Harriers A.C	Offaly	30:52
45	Mark Small	Sportsworld	Dublin	31:00

Leinster Cross Country 2013
Day 3 - Adamstown
10th November

Intermediate

MEN'S INDIVIDUAL RESULTS

46	Richie Reid	Portlaoise A.C	Laois	31:12
47	Alex Carrasco	Liffey Valley	Dublin	31:12
48	David Leonard	Sliabh Bhidhe Rovers A.C	Wexford	31:20
49	John Kirwan	Ballyroan Abbeyleix & District A.C	Laois	31:37
50	Michael O'Gorman	United Striders A.C	Wexford	31:37
51	Ed O'Dwyer	Portlaoise A.C	Laois	32:13
52	Niall Crosbie	Kilmore A.C	Wexford	32:18
53	Colm Stafford	United Striders A.C	Wexford	32:37
54	Derek Crowals	Bohermeen	Meath	32:45
55	Lee Savage	Menapians	Wexford	32:50
56	Ciaran Bates	Menapians	Wexford	32:53
57	Bernard Weldon	St.Michaels A.C	Laois	33:00
58	Thomas Dunne	Ballyroan Abbeyleix & District A.C	Laois	33:17
59	Cormac Kavanagh	St.Michaels A.C	Laois	33:23
60	Mark Kearney	Sliabh Bhidhe Rovers A.C	Wexford	33:28
61	Emmett Malone	United Striders A.C	Wexford	33:51
62	Kevin Walsh	Kilmore A.C	Wexford	34:20
63	Adrian Reville	Kilmore A.C	Wexford	34:46
64	Leonard Owens	Tullamore Harriers A.C	Offaly	35:23

CLUB TEAM RESULTS

LADIES INTERMEDIATE

Place	Team name	4 to Score Points
	1 Liffey Valley	41
	Lena Sinclair	8
	Siobhan Keenehan	10
	Sile Carroll	11
	Eimear Nic An Bhairst	12
	2 Kilmore	46
	Elaine Cardiff	3
	Annaleigh Hore	5
	Sharon Kehoe	18
	Sinead O'Brien	20
	3 Tullamore Harriers	68
	Michelle Mullaney	6
	Mary Bracken	16
	Nita McLoughlinn	19
	Jennifer Burke	27
	4 St Michael's	78
	Sinead Eacrett	4
	Pippa Hackett	21
	Olivia Sheerin	22
	Briedge Doherty	31

Leinster Cross Country 2013
Day 3 - Adamstown
10th November

CLUB TEAM RESULTS
MEN'S INTERMEDIATE

Place	Team name	4 to Score Points
	1 Sportsworld	23
	Karol Cronin	1
	Paul Duffy	5
	Gavin Finlay	7
	Garreth Murrán	10
	2 Liffey Valley	58
	Mike Griffin	11
	Ciaran Reilly	12
	Brendan Beere	17
	Darren Spring	18
	3 Tullamore Harriers A.C	77
	Catch Grennan	13
	David Fox	16
	Mick Murphy	22
	David Murray	26
	4 Sliabh Bhuidhe Rovers A.C	106
	Myles Gibbons	6
	Paul Lynch	31
	Paul Gibbons	32
	Brian Kearney	37
	5 United Striders A.C	159
	Ted Flannelly	27
	John McGrath	29
	Michael O'Gorman	50
	Colm Stafford	53
	6 Ballyroan Abbeyleix & Distri	178
	James Hamm	33
	Ciaran Elster	38
	John Kirwan	49
	Thomas Dunne	58

Leinster Cross Country 2013
Day 3 - Adamstown
10th November

Intermediate
WOMEN'S COUNTY RESULTS
Overall County Standings 4 to score

Laois 22

1	Grace McConnell	Ballyroan/Abbeyleix&Dist	[2]
2	Sinead Eacrett	St Michaels	[4]
3	Breda Mulcahy	St Abbans	[7]
4	Colette English	St Abbans	[9]

Dublin 30

1	Karen Crossan	Raheny	[1]
2	Lena Sinclair	Liffey Valley	[8]
3	Siobhan Keenehan	Liffey Valley	[10]
4	Sile Carroll	Liffey Valley	[11]

Wexford 39

1	Elaine Cardiff	Kilmore	[3]
2	Annaleigh Hore	Kilmore	[5]
3	Catherine Walsh	Slaney Olympic	[13]
4	Sharon Kehoe	Kilmore	[18]

Offaly 68

1	Michelle Mullaney	Tullamore Harriers	[6]
2	Mary Bracken	Tullamore Harriers	[16]
3	Nita McLoughlin	Tullamore Harriers	[19]
4	Jennifer Burke	Tullamore Harriers	[27]

Leinster Cross Country 2013
Day 3 - Adamstown
10th November

Intermediate
MEN'S COUNTY RESULTS

Overall County Standings 6 to score

Dublin 46

1	Karol Cronin	Sportsworld	[1]
2	Paul Duffy	Sportsworld	[5]
3	Gavin Finlay	Sportsworld	[7]
4	Garreth Murrán	Sportsworld	[10]
5	Mike Griffin	Liffey Valley	[11]
6	Ciarán Reilly	Liffey Valley	[12]

Offaly 159

1	Catch Grennan	Tullamore Harriers A.C	[13]
2	David Fox	Tullamore Harriers A.C	[16]
3	Mick Murphy	Tullamore Harriers A.C	[22]
4	David Murray	Tullamore Harriers A.C	[26]
5	David Brophy	Tullamore Harriers A.C	[38]
6	Richard Galvin	Tullamore Harriers A.C	[44]

Wexford 162

1	Myles Gibbons	Sliabh Bhidhe Rovers A.C	[6]
2	Ted Flannelly	United Striders A.C	[27]
3	John McGrath	United Striders A.C	[29]
4	Paul Lynch	Sliabh Bhidhe Rovers A.C	[31]
5	Paul Gibbons	Sliabh Bhidhe Rovers A.C	[32]
6	Brian Kearney	Sliabh Bhidhe Rovers A.C	[37]

Laois 221

1	Derek Coogan	St.Michaels A.C	[25]
2	James McCormack	Portlaoise A.C	[30]
3	James Hamm	Ballyroan Abbeyleix & District A.C	[33]
4	Ciarán Elster	Ballyroan Abbeyleix & District A.C	[38]
5	Richie Reid	Portlaoise A.C	[46]
6	John Kirwan	Ballyroan Abbeyleix & District A.C	[49]