

St Abban's Athletic Club
26th ANNUAL OPEN SPORTS - Mon 1st May 2023

BOYS/ GIRLS	Age Group	Event	POSITION	Athlete	CLUB
GIRLS	U.8	Sprint - 60m	1	Lilah Phelan	Nuenna
GIRLS	U.8	Sprint - 60m	2	Caoimhe Quinlan	Moyne
GIRLS	U.8	Sprint - 60m	3	Scarlett Ryan	St Killians AC
GIRLS	U.8	Sprint - 60m	3	Kate Power	DMP
BOYS	U.8	Sprint - 60m	1	Cian McIntyre	KCH
BOYS	U.8	Sprint - 60m	2	Joe Leonard	Moyne
BOYS	U.8	Sprint - 60m	3	Ryan Murphy	Barrow Valley
GIRLS	U.8	Distance - 300m	1	Lisa Phelan	Nuenna
GIRLS	U.8	Distance - 300m	2	Scarlett Ryan	St Killians AC
GIRLS	U.8	Distance - 300m	3	Kate Power	DMP
BOYS	U.8	Distance - 300m	1	Cian McIntyre	KCH
BOYS	U.8	Distance - 300m	2	Adam Purcell	Ferrybank
BOYS	U.8	Distance - 300m	3	Ryan Murphy	Barrow Valley
GIRLS	U.9	Sprint - 60m	1	Ava Brophy	St Abbans AC
GIRLS	U.9	Sprint - 60m	2	Emma Hayden	Gowran
GIRLS	U.9	Sprint - 60m	3	Molly Casey	Ennis
GIRLS	U.9	Sprint - 60m	3	Aoibheann Doyle	Moyne
BOYS	U.9	Sprint - 60m	1	Cian Clancy	Ferrybank
BOYS	U.9	Sprint - 60m	2	Orron Tuite	Suncroft
BOYS	U.9	Sprint - 60m	3	Tom Esmond	Moyne
GIRLS	U.9	Distance - 300m	1	Ava Brophy	St Abbans AC
GIRLS	U.9	Distance - 300m	2	Emma Hayden	Gowran
GIRLS	U.9	Distance - 300m	3	Molly Casey	Ennis
BOYS	U.9	Distance - 300m	1	Tom Esmond	Moyne
BOYS	U.9	Distance - 300m	2	Mark Coogan	Brow Rangers
BOYS	U.9	Distance - 300m	3	Hugh Morgan	St Senans
GIRLS	U.10	Sprint - 60m	1	Eve Nolan	Ferrybank
GIRLS	U.10	Sprint - 60m	2	Realtin Byrne	St Abbans AC
GIRLS	U.10	Sprint - 60m	3	Sarah Cousins	Suncroft
BOYS	U.10	Sprint - 60m	1	Callum Williamson	Ballyfin
BOYS	U.10	Sprint - 60m	2	Oisin Savage	Barrow Valley
BOYS	U.10	Sprint - 60m	3	Charlie Dillon	SLOT
GIRLS	U.10	Distance - 300m	1	Eve Nolan	Ferrybank
GIRLS	U.10	Distance - 300m	2	Sarah Cousins	Suncroft
GIRLS	U.10	Distance - 300m	3	Realtin Byrne	St Abbans AC
BOYS	U.10	Distance - 300m	1	Edward McDonald	St Abbans AC
BOYS	U.10	Distance - 300m	2	Daniel McIntyre	KCH

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BOYS	U.10	Distance - 300m	3	Charlie Dillon	SLOT
BOYS	U.10	Distance - 300m	3	Jack Elliot	Aughew
GIRLS	U.10	Field Event - Turbo Javelin	1	Sarah Cousins	Suncroft
GIRLS	U.10	Field Event - Turbo Javelin	2	Lilly Sargent	Ballon Rathoe
GIRLS	U.10	Field Event - Turbo Javelin	3	Toshia Bielski	Gowran
BOYS	U.10	Field Event - Turbo Javelin	1	Micheal Nolan	Barrow Valley
BOYS	U.10	Field Event - Turbo Javelin	2	Tom Esmonde	Moyne
BOYS	U.10	Field Event - Turbo Javelin	3	Freddie Boland	Newbridge AC
GIRLS	U.11	Sprint - 60m	1	Roisin Kearney	St Abbans AC
GIRLS	U.11	Sprint - 60m	2	Zoe Johnson	Ferrybank
GIRLS	U.11	Sprint - 60m	3	Kate Kelly	KCH
BOYS	U.11	Sprint - 60m	1	Tom Doherty	St Josephs AC
BOYS	U.11	Sprint - 60m	2	Luke Nolan	St Pat's Tullow
BOYS	U.11	Sprint - 60m	3	John O' Byrne	Ballon Rathoe
GIRLS	U.11	Distance - 500m	1	Kate Kelly	KCH
GIRLS	U.11	Distance - 500m	2	Keeva Galligan	Glenmore
GIRLS	U.11	Distance - 500m	3	Roisin Kearney	St Abbans AC
BOYS	U.11	Distance - 500m	1	Tom Doherty	St Josephs AC
BOYS	U.11	Distance - 500m	2	James Hayes	Tullamore
BOYS	U.11	Distance - 500m	3	Dara O'Sullivan	St Abbans AC
BOYS	U.11	Field Event - Long Jump	1	Joseph Lalor	St Abbans AC
BOYS	U.11	Field Event - Long Jump	2	Dara O'Sullivan	St Abbans AC
BOYS	U.11	Field Event - Long Jump	3	Paddy Campton	Newbridge AC
GIRLS	U.12	Sprint - 60m	1	Emily Kidd	SLOT
GIRLS	U.12	Sprint - 60m	2	Peggy Murphy	Ferrybank
GIRLS	U.12	Sprint - 60m	3	Sophie Dowling	St Abbans AC
BOYS	U.12	Sprint - 60m	1	Conor Knox	KCH
BOYS	U.12	Sprint - 60m	2	Shane Kelly	St Abbans AC
BOYS	U.12	Sprint - 60m	3	Evan Cody	KCH
GIRLS	U.12	Distance - 500m	1	Sinead Fitzpatrick	St Abbans AC
GIRLS	U.12	Distance - 500m	2	Charlotte Casey	Ferrybank
GIRLS	U.12	Distance - 500m	3	Erin Kelly	Edenderry
BOYS	U.12	Distance - 500m	1	Eoin Dowling	St Abbans AC
BOYS	U.12	Distance - 500m	2	Conor Knox	KCH
BOYS	U.12	Distance - 500m	3	John Conway	St Abbans AC
GIRLS	U.12	Field Event - High Jump	1	Peggy Murphy	Ferrybank
GIRLS	U.12	Field Event - High Jump	2	Mia Blackburn	SLOT
GIRLS	U.12	Field Event - High Jump	3	Laoise Higgins	DMP
BOYS	U.12	Field Event - High Jump	1	Conor Knox	KCH

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BOYS	U.12	Field Event - High Jump	2	Paddy Campton	Newbridge AC
BOYS	U.12	Field Event - High Jump	3	Ross Sutton	Gowran
BOYS	U.12	Field Event - High Jump	3	Shane Kelly	St Abbans AC
GIRLS	U.12	Field Event - Shot Putt	1	Alice Kilagge	Edenderry
GIRLS	U.12	Field Event - Shot Putt	2	Ellie Johnson	Edenderry
GIRLS	U.12	Field Event - Shot Putt	3	Aoibhe O'Shea	Portlaoise
BOYS	U.12	Field Event - Shot Putt	1	Fionn Kelly	St Abbans AC
BOYS	U.12	Field Event - Shot Putt	2	Conor Knox	KCH
BOYS	U.12	Field Event - Shot Putt	3	Shane Kelly	St Abbans AC
GIRLS	U.13	Sprint - 80m	1	Niamh O'Shea	Crookstown
GIRLS	U.13	Sprint - 80m	2	Niamh McGrath	Tramore
GIRLS	U.13	Sprint - 80m	3	Aoibheann Carter	St Abbans AC
GIRLS	U.13	Sprint - 80m	3	Lily Conroy	Derg, Mayo
BOYS	U.13	Sprint - 80m	1	Daniel Hanlon	Crookstown
BOYS	U.13	Sprint - 80m	2	Henry McCormack	Newbridge AC
BOYS	U.13	Sprint - 80m	3	Tobi Ayodeji	Newbridge AC
GIRLS	U.13	Distance - 500m	1	laura Ayers	St Abbans AC
GIRLS	U.13	Distance - 500m	2	Saoirse Ferguson	Ferrybank
GIRLS	U.13	Distance - 500m	3	Emma Kelly	KCH
BOYS	U.13	Distance - 500m	1	Sean Power	DMP
BOYS	U.13	Distance - 500m	2	Finn Kavanagh	St Senans
BOYS	U.13	Distance - 500m	3	Daire O'Flaherty	KCH
GIRLS	U.13	Field Event - Long Jump	1	Sara Rabatinova	Ferrybank
GIRLS	U.13	Field Event - Long Jump	2	Anna Dillon	Suncroft
GIRLS	U.13	Field Event - Long Jump	3	Zoe Dunne	St Abbans AC
BOYS	U.13	Field Event - Long Jump	1	Henry McCormack	Newbridge AC
BOYS	U.13	Field Event - Long Jump	2	Shane Kelly	St Abbans AC
BOYS	U.13	Field Event - Long Jump	3	Max Compton	Newbridge AC
GIRLS	U.14	Sprint - 80m	1	Andria Chacko	Ferrybank
GIRLS	U.14	Sprint - 80m	2	Kayleigh Butler	Taghmon
GIRLS	U.14	Sprint - 80m	3	Olivia Smith	Newbridge AC
BOYS	U.14	Sprint - 80m	1	Eoin Gallagher	Newbridge AC
BOYS	U.14	Sprint - 80m	2	Lewis Morgan	St Senans
BOYS	U.14	Sprint - 80m	3	MJ Walsh	Carraig na Bhfear
GIRLS	U.14	Distance - 700m	1	Saoirse Flanagan	DMP
GIRLS	U.14	Distance - 700m	2	Ciara Milton	St Abbans AC
GIRLS	U.14	Distance - 700m	3	Katie Harnett	St Abbans AC
BOYS	U.14	Distance - 700m	1	Robert Gleeson	Newbridge AC
BOYS	U.14	Distance - 700m	2	Louise Megan	St Senans

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BOYS	U.14	Distance - 700m	3	MJ Walsh	Carraig na Bhfear
GIRLS	U.14	Field Event - High Jump	1	Sarah O'Brien	Bree AC
GIRLS	U.14	Field Event - High Jump	2	Emily Power	Ferrybank
GIRLS	U.14	Field Event - High Jump	3	Saoirse Ferguson	Ferrybank
GIRLS	U.14	Field Event - High Jump	3	Katie Harnett	St Abbans AC
BOYS	U.14	Field Event - High Jump	1	David Towey	FMCS
BOYS	U.14	Field Event - High Jump	2	Adam Kelly	St Abbans AC
BOYS	U.14	Field Event - High Jump	3	Henry McCormack	Newbridge AC
BOYS	U.14	Field Event - High Jump	3	Ger Delaney	Moyne
GIRLS	U.14	Field Event - Shot Putt	1	Faye Osborne	Tracktin
GIRLS	U.14	Field Event - Shot Putt	2	Ella Hanlon	Suncroft
GIRLS	U.14	Field Event - Shot Putt	3	Izzy Aspel	Taghmon
BOYS	U.14	Field Event - Shot Putt	1	Daniel Hanlon	Unattached
BOYS	U.14	Field Event - Shot Putt	2	David Towey	FMCS
BOYS	U.14	Field Event - Shot Putt	3	Con O'Reilly	St Abbans AC
GIRLS	U.15	Sprint - 100m	1	Ava Brennan	Newbridge AC
GIRLS	U.15	Sprint - 100m	2	Zoe Kenny	Ferrybank
GIRLS	U.15	Sprint - 100m	3	Lily Corbett	Ferrybank
BOYS	U.15	Sprint - 100m	1	Cillian Hughes	Newbridge AC
BOYS	U.15	Sprint - 100m	2	Eclon Nimani	St Abbans AC
BOYS	U.15	Sprint - 100m	3	JP Archbold	Newbridge AC
GIRLS	U.15	Distance - 700m	1	Ava Brennan	Newbridge AC
GIRLS	U.15	Distance - 700m	2	Cara English	St Abbans AC
GIRLS	U.15	Distance - 700m	3	Kate Haydon	Gowran
BOYS	U.15	Distance - 700m	1	Will Duffy	St Abbans AC
BOYS	U.15	Distance - 700m	2	Cillian Hughes	Newbridge AC
BOYS	U.15	Distance - 700m	3	Cian O'Sullivan	St Abbans AC
GIRLS	U.15	Field Event - Long Jump	1	Sophie O'Connor	Ferrybank
GIRLS	U.15	Field Event - Long Jump	2	Emily Power	Ferrybank
GIRLS	U.15	Field Event - Long Jump	3	Rachel Dooley	St Abbans AC
BOYS	U.15	Field Event - Long Jump	1	JP Archibold	Newbridge AC
BOYS	U.15	Field Event - Long Jump	2	Cillian Hughes	Newbridge AC
BOYS	U.15	Field Event - Long Jump	3	Ben Crampton	Newbridge AC
GIRLS	U.16	Sprint - 100m	1	Rachel Hartnett	St Abbans AC
GIRLS	U.16	Sprint - 100m	2	Isobel Kennedy	Ferrybank
GIRLS	U.16	Sprint - 100m	3	Ella Kennedy	Ferrybank
BOYS	U.16	Sprint - 100m	1	Adam Byrne Ward	Newbridge AC
BOYS	U.16	Sprint - 100m	2	Jack Keenan	Ballyfin
BOYS	U.16	Sprint - 100m	3	Thomas Max	Templemore

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GIRLS	U.16	Distance - 700m	1	Rachel Hartnett	St Abbans AC
GIRLS	U.16	Distance - 700m	2	Rachel Dooley	St Abbans AC
GIRLS	U.16	Distance - 700m	3	Isobel Kennedy	Ferrybank
BOYS	U.16	Distance - 700m	1	James Hyland	St Abbans AC
BOYS	U.16	Distance - 700m	2	Adam Byrne Ward	Newbridge AC
BOYS	U.16	Distance - 700m	3	Thomas Max	Templemore
GIRLS	U.16	Field Event - Shot Putt	1	Tara Osbourne	Tracktin
GIRLS	U.16	Field Event - Shot Putt	2	Lea Bolger	Bree AC
GIRLS	U.16	Field Event - Shot Putt	3	Rachel Dooley	St Abbans AC
BOYS	U.16	Field Event - Shot Putt	1	Edon Nimani	St Abbans AC
BOYS	U.16	Field Event - Shot Putt	2	Ruben Plunkett	Portlaoise
BOYS	U.16	Field Event - Shot Putt	3	Cilian Hughes	Newbridge AC
GIRLS	U.16	Field Event - High Jump	1	Cara English	St Abbans AC
GIRLS	U.16	Field Event - High Jump	2	Isabelle Kennedy	Ferrybank
GIRLS	U.16	Field Event - High Jump	3	Ellen O'Mahony	Ballyroan
BOYS	U.16	Field Event - High Jump	1	Ben Crampton	Newbridge AC
BOYS	U.16	Field Event - High Jump	2	Adam Byrne Ward	Newbridge AC
BOYS	U.16	Field Event - High Jump	3	Will Duffy	St Abbans AC
JNR. WOMEN	Jnr	Field Event - 100m	1	Anna Taylor	Crookstown
JNR. WOMEN	Jnr	Field Event - 100m	2	Amelia Walsh	Crookstown
JNR. WOMEN	Jnr	Field Event - 100m	3	Ali Gleeson	Newbridge AC
JNR. MEN	Jnr	Field Event - 100m	1	Daniel Spencer	Unattached
JNR. WOMEN	Jnr	Distance - 1500m	1	Chloe Kavanagh	St Abbans AC
JNR. WOMEN	Jnr	Distance - 1500m	2	Grace Meade	Portlaoise
JNR. MEN	Jnr	Distance - 1500m	1	John Delaney	St Abbans AC
JNR. WOMEN	Jnr	Field Event - Long Jump	1	Petra Igwe	Ferrybank
JNR. WOMEN	Jnr	Field Event - Long Jump	2	Mia Casey	Ferrybank
JNR. WOMEN	Jnr	Field Event - Long Jump	3	Ali Gleeson	Newbridge AC
JNR. MEN	Jnr	Field Event - Long Jump	1	David Igwe	Ferrybank
JNR. MEN	Jnr	Field Event - Long Jump	2	Aaron Foley	Oughavale
JNR. MEN	Jnr	Field Event - Long Jump	3	Conor Golden	Ferrybank
JNR. WOMEN	Jnr	Field Event - Shot Putt	1	Chloe Ryan	SLOT
JNR. WOMEN	Jnr	Field Event - Shot Putt	2	Rachel Gardiner	Gowran
JNR. WOMEN	Jnr	Field Event - Shot Putt	3	Holly Byrne	St Abbans AC
JNR. MEN	Jnr	Field Event - Shot Putt	1	Unattached	Unattached
JNR. MEN	Jnr	Field Event - Shot Putt	2	Unattached	Unattached
JNR. MEN	Jnr	Field Event - Shot Putt	3	KCH	KCH
WOMEN	Open	Field Event - Hammer	1	Shannon Codd	DMP
WOMEN	Open	Field Event - Hammer	2	Charlee Williams	Wrexham
WOMEN	Open	Field Event - Hammer	3	Eadaoin Towey	FMCS

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MEN	Open	Field Event - Hammer	1	Tomas Williams	Wrexham
MEN	Open	Field Event - Hammer	2	Corey Scanlan	West Waterford
MEN	Open	Field Event - Hammer	3	Diarmuid Towey	FMCS
WOMEN	Open	Field Event - Discus	1	Chloe Ryan	SLOT
WOMEN	Open	Field Event - Discus	2	Saoirse Quinn	West Waterford
WOMEN	Open	Field Event - Discus	3	Rachel Gardnier	Gowran
MEN	Open	Field Event - Discus	1	Corey Scanlan	West Waterford
MEN	Open	Field Event - Discus	2	Eoin O'Brien	West Waterford
MEN	Open	Field Event - Discus	3	David Towey	FMCS
WOMEN	Open	Field Event - Triple Jump	1	Sophie Byrne	Crookstown
WOMEN	Open	Field Event - Triple Jump	2	Anna Taylor	Crookstown
WOMEN	Open	Field Event - Triple Jump	3	Elaine Miller	St Abbans AC
MEN	Open	Field Event - Triple Jump	1	John Paul	Newbridge AC
MEN	Open	Field Event - Triple Jump	2	Ben Crampton	Newbridge AC
MEN	Open	Field Event - Triple Jump	3	Christian H	Crookstown

Best overall Club

1st place - Ferrybank AC - 63 Points

2nd Place - Newbridge AC - 59 Points

3rd Place - KCH - 33 Points

Thank you to everyone who came to take part in and to support our 26th Annual Open Sports at our club grounds in Monavea, Co. Laois.

Congratulations to all the athletes, we hope you had an enjoyable day of sport.

Thank you to all the volunteers who helped out in any way, it was much appreciated.

Congratulations to Ferrybank AC who took home the 'Monavea Shield' for being the best all round club on the day.