



## St Abban's AC Fit4Life Summer League 2019

### Round 7 Graiguecullen - 31st July 2019

Prize	Position	Number	Name		Address/ Club	Time
	1	348	Michael	Kelly	Bilboa	12.50
	2	575	Brian	Kirwan	SLOT	12.58
	3	603	John	Fenlon	St Abban's AC	13.07
	4	349	Colm	Burke	St Abban's AC	13.21
	5	351	Tommy	Payne	Tinryland AC	13.32
	6	350	TJ	Burke	St Abban's AC	13.35
	7	402	Stephen	Hunter	St Abban's AC	13.41
*	8	519	Jack	Fenlon	St Abban's AC	13.45
	9	632	Pat	Byrne	Tinryland	13.48
	10	467	Jamie	Malone	Graiguecullen	14.21
	11	366	Liam	Byrne	St Abban's AC	14.29
	12	352	John	Dillon	Tinryland AC	14.53
	13	335	Shane	Kavanagh	St Abban's AC	14.57
	14	626	McKenzie	Mclvor	SLOT	15.03
	15	337	Brian	Payne	Tinryland AC	15.07
	16	622	Kim	Doyle	Athy Triathlon	15.10
	17	339	Rob	O'Brien	Athy Triathlon	15.28
*	18	396	Seamus	Brennan	St Abban's AC	15.43
	19	521	Caitlin	McDonald	St Abban's AC	15.49
	20	374	Peter	Baldwin	St Abban's AC	15.57
	21	507	Paula	Guinan	Stradbally	16.36
	22	387	Enda	Glennon	Castlecomer	16.42
	23	497	Sinead	Kelly	St Abban's AC	16.54
	24	368	Timmy	Byrne	St Abban's AC	17.04
	25	367	Audrey	Byrne	St Abban's AC	17.11
	26	296	Caitriona	McDonald	St Abban's AC	17.14
	27	464	Margo	Dowling	St Abban's AC	17.16
*	28	648	Alexander	McDonald	Wolfhill	17.23
	29	417	Ger	Campion	Moneenroe	17.25
	30	334	Karen	Kavanagh	Athy Triathlon	17.31
	31	646	Linda	Faye	St Fiaccs	17.34
	32	398	Michael	Brennan	Castlecomer	17.35
	33	637	Ronan	Wall	SLOT	17.57
	34	642	Declan	McGrath	St. Abbans	18.01
	35	636	Brendan	Lawlor	Fit 2 Go	18.02
	36	376	Brid	Long	SLOT	18.04



## St Abban's AC Fit4Life Summer League 2019

### Round 7 Graiguecullen - 31st July 2019

	<b>37</b>	<b>415</b>	Leo	<b>Hogan</b>	Castlecomer	18.06
*	<b>38</b>	<b>290</b>	Stephen	<b>McHugh</b>	Donegal	18.11
	<b>39</b>	<b>640</b>	Michael	<b>Snoddy</b>	Fenagh	18.19
	<b>40</b>	<b>362</b>	Ollie	<b>Pender</b>	Tinryland AC	18.21
	<b>41</b>	<b>597</b>	Pierre	<b>Kelly</b>	Ballylinan	18.29
	<b>42</b>	<b>442</b>	PJ	<b>Doyle</b>	Sli Chulainn	18.31
	<b>43</b>	<b>617</b>	Jack	<b>Burke</b>	Castlecomer	18.39
	<b>44</b>	<b>449</b>	Kate	<b>Birmingham</b>	Carlow	18.41
	<b>45</b>	<b>598</b>	Keith	<b>Morgan</b>	Maganey	18.47
	<b>46</b>	<b>399</b>	Margaret	<b>Dillon</b>	Castlecomer	18.52
	<b>47</b>	<b>401</b>	Patrick	<b>Brennan</b>	Carlow	18.56
*	<b>48</b>	<b>321</b>	Adrienne	<b>Kelly</b>	St Abban's AC	19.01
	<b>49</b>	<b>373</b>	Sarah	<b>Baldwin</b>	St Abban's AC	19.20
	<b>49</b>	<b>389</b>	Sean	<b>Allen</b>	Castlecomer	19.20
	<b>51</b>	<b>397</b>	Jacinta	<b>Horan</b>	Castlecomer	19.21
	<b>52</b>	<b>375</b>	Mary	<b>Boylan</b>	St Abban's AC	19.23
	<b>53</b>	<b>372</b>	Emma	<b>Baldwin</b>	St Abban's AC	19.24
	<b>54</b>	<b>395</b>	Mary	<b>Kelly</b>	St Abban's AC	19.32
	<b>55</b>	<b>451</b>	Stephen	<b>Maguire</b>	GK & Parish Running Club	19.34
	<b>56</b>	<b>346</b>	Johnny	<b>Dooley</b>	GK & Parish Running Club	19.39
	<b>57</b>	<b>448</b>	Billy	<b>Abbey</b>	Tinryland AC	19.44
*	<b>58</b>	<b>299</b>	Cathy	<b>Lawlor</b>	St Abban's AC	19.54
	<b>59</b>	<b>635</b>	John	<b>Paul</b>	SLOT	19.55
	<b>60</b>	<b>291</b>	Valerie	<b>Langrell</b>	St Abban's AC	20.02
	<b>60</b>	<b>645</b>	James	<b>Townsend</b>	St Fiaccs	20.02
	<b>62</b>	<b>320</b>	Michael	<b>McDonald</b>	St Abban's AC	20.13
	<b>63</b>	<b>536</b>	Alan	<b>Power</b>	Portlaoise AC	20.16
	<b>64</b>	<b>414</b>	Catherine	<b>Feheney</b>	Castlecomer	20.25
	<b>65</b>	<b>644</b>	Owen	<b>Gorman</b>	Graiguecullen	20.29
	<b>65</b>	<b>631</b>	Tommy	<b>Lawlor</b>	SLOT	20.29
	<b>65</b>	<b>630</b>	Emma	<b>Nolan</b>	SLOT	20.29
*	<b>68</b>	<b>643</b>	Katie	<b>McGrath</b>	St. Abbans	20.43
	<b>69</b>	<b>303</b>	Ann	<b>Hovendon</b>	SLOT	21.14
	<b>70</b>	<b>625</b>	Niall	<b>Egan</b>	St Abban's AC	21.17
	<b>71</b>	<b>327</b>	Sarah	<b>Kearns</b>	GK & Parish Running Club	21.30
	<b>72</b>	<b>465</b>	John	<b>Brennan</b>	Castlecomer	21.31
	<b>73</b>	<b>357</b>	Ann	<b>Nichol-Waugh</b>	St Abban's AC	21.43



## St Abban's AC Fit4Life Summer League 2019

### Round 7 Graiguecullen - 31st July 2019

	<b>74</b>	<b>641</b>	Sinead	<b>Robinson</b>	Athy Triathlon	21.53
	<b>75</b>	<b>358</b>	Pauline	<b>Doyle</b>	St Abban's AC	22.03
	<b>76</b>	<b>310</b>	Tracey	<b>O'Brien</b>	SLOT	22.16
	<b>77</b>	<b>359</b>	Sinead	<b>Curtis</b>	Portlaoise AC	22.22
*	<b>78</b>	<b>570</b>	Christine	<b>Craven</b>	Ballylinan	22.32
	<b>79</b>	<b>365</b>	John	<b>Brophy</b>	Spink	22.33
	<b>80</b>	<b>602</b>	Caoimhe	<b>O'Sullivan</b>	St Abban's AC	22.37
	<b>81</b>	<b>639</b>	Aidan	<b>Fenlon</b>	Athy	22.42
	<b>82</b>	<b>318</b>	Michael	<b>Doyle</b>	St Abban's AC	22.43
	<b>83</b>	<b>320</b>	Michael	<b>McDonald</b>	St Abban's AC	22.53
	<b>84</b>	<b>326</b>	Michael	<b>Regan</b>	GK & Parish Running Club	23.02
	<b>85</b>	<b>378</b>	Shauna	<b>Meaney</b>	St Abban's AC	23.03
	<b>86</b>	<b>329</b>	Mary Patricia	<b>Kearns</b>	GK & Parish Running Club	23.17
	<b>87</b>	<b>295</b>	Joyce	<b>Byrne</b>	St Abban's AC	23.27
*	<b>88</b>	<b>601</b>	Nicola	<b>O'Sullivan</b>	St Abban's AC	23.29
	<b>89</b>	<b>443</b>	Kevin	<b>Cuddy</b>	Tinryland AC	23.33
	<b>90</b>	<b>537</b>	Gerry	<b>O'Regan</b>	Graiguecullen	23.55
	<b>91</b>	<b>347</b>	Clodagh	<b>Maguire</b>	GK & Parish Running Club	23.59
	<b>91</b>	<b>500</b>	Michelle	<b>Molloy</b>	Graiguecullen	23.59
	<b>93</b>	<b>542</b>	Yvonne	<b>Deering</b>	Killeshin	24.14
	<b>94</b>	<b>546</b>	Susanne	<b>Dunne</b>	Oughavale	24.49
	<b>95</b>	<b>524</b>	Aisling	<b>Darcy</b>	GK & Parish Running Club	25.17
	<b>96</b>	<b>476</b>	Carol	<b>Rogers</b>	Killeshin	25.22
	<b>97</b>	<b>412</b>	Marina	<b>Walsh</b>	Castlecomer	25.56
*	<b>98</b>	<b>618</b>	Caitriona	<b>Brennan</b>	Castlecomer	25.56
	<b>99</b>	<b>647</b>	Orla	<b>McDonald</b>	Wolfhill	26.03
	<b>100</b>	<b>590</b>	Ann	<b>Graham</b>	St Abban's AC	26.18
	<b>101</b>	<b>591</b>	Marie	<b>Behan</b>	St Abban's AC	26.18
	<b>102</b>	<b>588</b>	Breda	<b>McHugh</b>	Paulstown	26.21
	<b>103</b>	<b>293</b>	Sarah	<b>Byrne</b>	Portlaoise AC	26.34
	<b>104</b>	<b>345</b>	Emily	<b>Sheehan</b>	GK & Parish Running Club	26.36
	<b>105</b>	<b>341</b>	Angela	<b>Boran</b>	St Abban's AC	26.44
*	<b>106</b>	<b>292</b>	Noeleen	<b>Condrón</b>	St Abban's AC	26.52
	<b>107</b>	<b>534</b>	Paddy	<b>Harding</b>	St Abban's AC	26.57
	<b>108</b>	<b>328</b>	Angela	<b>Egan</b>	GK & Parish Running Club	27.16
	<b>109</b>	<b>302</b>	Cormac	<b>Dineen</b>	St Abban's AC	27.38
	<b>110</b>	<b>577</b>	Aidan	<b>Dineen</b>	The Swan	27.38



## St Abban's AC Fit4Life Summer League 2019

### Round 7 Graiguecullen - 31st July 2019

	<b>111</b>	<b>377</b>	Dolores	<b>Meaney</b>	St Abban's AC	27.46
	<b>111</b>	<b>331</b>	Helen	<b>Seery</b>	St Abban's AC	28.02
	<b>113</b>	<b>294</b>	Mary	<b>Whelan</b>	St Abban's AC	28.02
	<b>114</b>	<b>634</b>	Bridie	<b>Lawlor</b>	Carlow Triclub	28.40
	<b>114</b>	<b>633</b>	Melanie	<b>Doyle</b>	SLOT	28.40
*	<b>116</b>	<b>300</b>	Debbie	<b>Dineen</b>	St Abban's AC	28.51
	<b>116</b>	<b>472</b>	Anna	<b>Mullins</b>	St Abban's AC	30.38
	<b>118</b>	<b>471</b>	Dick	<b>Mullins</b>	St Abban's AC	30.39
	<b>119</b>	<b>422</b>	Eithne	<b>Carpenter</b>	Paulstown	30.44
*	<b>120</b>	<b>452</b>	Bea	<b>Ronan</b>	Killeshin	30.59
	<b>121</b>	<b>638</b>	Zara	<b>Hurley</b>	Graiguecullen	31.21
	<b>122</b>	<b>425</b>	Una	<b>Kelly</b>	St Abban's AC	32.28
	<b>122</b>	<b>539</b>	Margaret	<b>Conway</b>	Kildavin	36.11
	<b>124</b>	<b>353</b>	Angela	<b>Behan</b>	St Abban's AC	36.11
	<b>125</b>	<b>502</b>	Tricia	<b>Delaney</b>	Newtown	40.26
	<b>126</b>	<b>503</b>	Margaret	<b>Murphy</b>	Newtown	40.26
	<b>127</b>	<b>649</b>	Ben	<b>Byrne</b>	SLOT	40.46
	<b>127</b>	<b>538</b>	Maureen	<b>O'Regan</b>	Graiguecullen	40.46
	<b>129</b>	<b>470</b>	Dinny	<b>Whelan</b>	St Abban's AC	42.09

**E-mail: [stabbansac@gmail.com](mailto:stabbansac@gmail.com) with any queries or comments**

**FARRELL MCELWEE**  
SOLICITORS

059-9173247

**Sponsors of the  
St Abban's AC Fit4Life Summer League 2019**



Position	Name		Address/ Club
1	Archie	McDonald	St Abban's AC
2	James	McDonald	St Abban's AC